



Register early!
www.leeds1000islands.ca

We invite local Seniors to join us for a tour of the park followed by a light lunch.

Celebrate the Autumn Equinox

Seniors Day at Charleston Lake Provincial Park

Thursday September 21, 2017
10 a.m. to 1 p.m.

For more information:
 Mary Jo Sibbard 613-929-3620
 To Register:
 Amy Webb 613-659-2415 ext.227

Transportation is provided and there is no fee to participate!

This year there will be a longer Early Bird Walk starting at 9:00 a.m. from the Discovery Station (no transportation provided).

Accessible busing available from Wheels of Care upon request.

| Bus Schedule | | Pick Up Time | Return Time |
|--------------|------------------------------|--------------|-------------|
| Bus 1 | Seeley's Bay Retirement Home | 9:45 | 2:00 |
| | Lyndhurst Library | 10:00 | 1:45 |
| Bus 2 | Bay of Saint Lawrence Park | 9:15 | 2:30 |
| | Fox Run by the River | 9:30 | 2:15 |
| | Lansdowne Community Hall | 9:45 | 2:00 |

