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| A logo with green and blue colors  AI-generated content may be incorrect. | **2025 Spring/Summer Programs** |
| **Lansdowne (LA) Lyndhurst (LY) Seeley’s Bay (SB)** |  |

For more information visit us online at [www.ltipl.net](http://www.ltipl.net),

email staff@ltipl.net, or call 613-659-3885.



**Family Fun Days (LA)**

**Forest of Reading Program (LA, LY, SB)**

**Guided Hike (Community)**

**Ontario Parks Session (LA)**

**Interested in local history? Check out our LTI Archives!**

**All Ages Ongoing Library Services**

**Books/Audiobooks**

**DVDs/BluRay**

**Free Wifi/Computers**

**Print/Scan/Fax**

**1 on 1 Technology support**

**Ancestry Library Edition**

**Transparent Languages**

**Libby**

**Hoopla**

**Search & Finds**

**Art Stations/Lego**

**Adult**

**Gentle Reader’s Book Club (LY) Lansdowne Book Club (LA) Seeley’s Bay Book Club (SB)**

**Knit & Crochet Circles (LA, SB)**

**News of the World (SB)**

**Spice Club (LA, LY, SB)**

**WiiFit for Adults (LY)**

**Puzzle Races (LA, LY, SB)**

**Technology 101 Workshops (LA, LY, SB)**

**Child/Youth**

**Art Hour (LY, SB)**

**Homeschool Connections (LA)**

**Kids’ Club (LA)**

**Play & Connect (LY)**

**EarlyON Storytime (LA)**

**Library Storytime (SB)**

**TD Summer Reading Club (LA, LY, SB)**

**Teen Advisory Group (LA)**

**Teen Art Nights (LA)**

**Teen Book Club (LA)**

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**iNFO & take away**

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| Recreation Survey Indicated Top Most Interested Programs & Activities By Age Ranges  |
| KIDS ACTIVITY Identified 327 Items | ADULT ACTIVITYIdentified 517 Items | SENIOR ACTIVITY Identified 222 Items |
| Badminton | Cardio/Strength Training | Cardio/Strength Training |
| Kayaking/ Canoeing | Yoga | Pickleball/ Tennis |
| Singing/ Musical Instrument | Fitness/ Aerobics | Yoga |
| Dance/ Barre | Personal/ Weight Training | Fitness/ Aerobics |
| Martial Arts/ Combat Sports | Cooking/ Baking | Gentle/ Seated Exercise |
| STEM/ Robotics (Science Technology Electrical Mathematics) | Gardening/ Planting | Wine/Beer/Spirit Appreciation Classes |
| Archery/ Shooting Sports | Kayaking/ Canoeing | Kayaking/ Canoeing |
| Fishing | Pottery | Zumba |
| Theatre/ Drama | Cycling/ Biking |  |
| Baseball/ Softball/ Fastball | Archery/ Shooting Sports |  |
| Soccer/ Football | Pickleball/ Tennis |  |
| Volleyball/ Basketball |  |  |
| Painting Canvas/ Toll |  |  |
| Camping Survival Classes |  |  |

**NEW PROGRAMMING 2025**

[Total Body with Denzel](https://www.tandemunifiedwellness.ca/event-details/lansdowne-total-body-class)

**EXISTING PROGAMMING**

[Fit & Fab – Internal to TLTI](https://www.leeds1000islands.ca/en/playing/sports-and-leisure.aspx)

* Mondays, Wednesdays & Fridays Lansdowne Hall
* Fit &Fab 1 – 9:30-10:30am
* Fit & Fab 2 – 10:45-11:45am
* Available Virtually!

[Yoga with Jodi](https://www.leeds1000islands.ca/en/playing/sports-and-leisure.aspx) – Internal to TLTI

* Wednesdays in May 1:00-2:00pm Seeley’s Bay Hall

[CPHC](https://cphcare.ca/) –

* Seniors Exercise Thursdays Lansdowne Hall
* Urban Pole walking – Gananoque & Township residents, Sessions Apr, Jun & Aug
* Pre-register only (please do not drop in) Kim Ducharme 613-342-3693 ext 2303

[Tai Chi](https://www.leeds1000islands.ca/en/playing/sports-and-leisure.aspx) – Canadian Tai Chi Academy

* Tuesdays Lansdowne Hall
* Thursdays Lansdowne Meeting room & Pavilion

**Learn to Fence** with Henk

* Thursdays in June & July Lansdowne Hall

**Women’s Matters – Fibre Arts**

* Mondays Lansdowne Hall

Lansdowne Seniors Club

* Wednesdays Lansdowne Meeting room
* Lansdowne Hall - Mondays - Mar 31 - Jun 2
* Family Fitness Thursdays June 9 – July 28

Yoga with Melissa

* Sundays, Lansdowne Meeting Room 9:00-10:00am – paused for the summer

[Girls Inc](https://www.girlsinc-uppercanada.org/current-offerings)

* PA Day “She’s On the Money” Seeley’s Bay – Apr 11
* Monday Night Program –Lansdowne - Mar 31 to Jun 20

Red Cross Affiliate Courses

* [Babysitting Course](https://tlti.ebasefm.com/programs/registered) – Seeley’s Bay - Apr 26
* [Stay Home Safe Program](https://tlti.ebasefm.com/programs/registered) – Jun 22 - Lansdowne Hall

[RNJ Youth Services](https://rnjyouth.com/)

* Pilot Cooking Class – June 9th 5:30-7:30Lansdowne Kitchen

COR Martial Arts – Lansdowne – Sept 2025

* offering a sport kickboxing & self defense program, open to kids and adults @ the Lansdowne Community Hall.

Firearms Safety Courses + Possession Arms Licenses

* Fall 2025

CPR + First Aid courses

* Summer/Fall 2025

**SUMMER CAMPS**

[Frontenac Arch Biosphere Summer Camp](https://frontenacarchbiosphere.ca/summer-camps/) (FAB) July 2 – Aug 22, 2025

* Landon’s Bay & Kendrick’s Park

[Girls Inc](https://www.girlsinc-uppercanada.org/current-offerings) Summer Camp

* “Operation Smart” - Gananoque - Jul 21-Jul 25
* “Operation Smart” - Athens - July 28-Aug 1
* “I’m a leader Too” - Lansdowne - Aug 5- Aug 8

[Off the Glass Basketball Camp](https://tibsa1.com/programs) - “10K Shot Camp”

* Lansdowne, Jerry Park, Outdoor Basketball Camp - Jul 14-18
* Gananoque Secondary School - Jul 2- 4 & Jul 28-Aug 1

**More info for programs in TLTI:** <https://www.leeds1000islands.ca/en/playing/sports-and-leisure.aspx>



**Complete**

**Town Hall Survey online:**

**We want your feedback!**

**TLTI MUNICIPAL FACILITIES**

**Lansdowne**

Community Centre

* Hall capacity 250 – Public health Certified Kitchen, Meeting room capacity 40
* Library Branch

Jerry Park

* Multi Use Courts: pickleball, basketball, tennis, skate park
* Playground sand and paths & splash pad
* Pavilion & green space for events & classes
* Two baseball diamonds - one lit

**West Gananoque**

Bateau Channel (off Highway 2 West of Gananoque)

* Vita parcour fitness trail, parkette & waterfront views

**Seeley’s Bay**

Community Centre

* Hall capacity 250 – Public Health Certified Kitchen
* Used for events, concerts, and/or instructed fitness

Centennial Park

* Courts: tennis, pickleball & basketball
* Playground, slides & swings
* Pavilion & green space for events & classes
* Canteen, baseball diamond - one lit

Seeley’s Bay Library Branch

Haskins Point

* On Rideau Waterway, parkette viewing area picnic area & short hiking trail

**Lyndhurst**

Jonas Park

* Basketball court, playground, swings
* Trail & Lookout along the water to Furnace Falls Park

Lyndhurst Library

* Meeting room capacity 10

Kendrick’s Park

* 3 Pavilions, beach - sandy/shallow water for swimming in Lower Beverly Lake – no lifeguards
* Canteen, playground, sand & swings

**Kayak/Canoe Launches in TLTI**

* Kendrick’s Park
* Centennial Park
* Rockport
* Charleston Lake Outlet
* Furnace Falls
* Lyndhurst Lake

**Outdoor Education & Trails**

Frontenac Arch Biosphere Trails & Conservation

https://frontenacarchbiosphere.ca/tourism/

Cataraqui Conservation

https://cataraquiconservation.ca/#

Charleston Lake Association

<https://charlestonlakeassociation.ca/>

Kingston Field Naturalists

<https://kingstonfieldnaturalists.org/>

Leeds-Grenville Stewardship Council

<http://www.lgstewardship.ca/>

St Lawrence Parks Commission

<https://www.parks.on.ca/>

Rideau Waterway Land Trust

<https://rwlt.org/>

Charleston Lake Provincial Park

<https://www.ontarioparks.ca/park/charlestonlake>

Lower Beverly Lake Association

https://lbla.net/