

# Township Times Publication

July to September 2025



## Recreation Working Group

The Recreation Working Group wants to hear from the community as a follow-up to the initial Recreation and Leisure survey, as well as the three recent Town Halls. Here is your chance to help us shape the future of recreation and leisure needs in our communities. We encourage all residents to complete the survey by July 31. The survey can be found at <https://www.surveymonkey.com/r/TYBXHQD>. Paper copies are available at the Township office or local libraries.

Scan here



## Noise By-Law

Noise is regulated within the Township by the Township's Noise By-Law. The By-law includes general restrictions on certain types of noise as well as time-based restrictions for certain activities. Certain events, such as anniversaries, birthdays, and weddings where there will be amplified sound/music, or overnight/weekend construction, may be eligible for a Noise By-law Exemption. If you require an exemption, please visit our website to complete a Noise By-law Exemption Request form <https://www.leeds1000islands.ca/en/governing/noise-by-law-exemption-request.aspx>. You can also view any current approved exemptions on the website page.

## Milestone Recognition Certificate Program

The Township has recently implemented a Milestone Recognition Certificate Program. Members of the public can request a certificate signed by the Mayor for milestone birthdays, anniversaries, and business achievements. For more information on this program or to request a certificate, please visit the Milestone Recognition Certificate page on our website <https://www.leeds1000islands.ca/en/living/milestone-recognition-certificates.aspx>

## Final Property Tax Bill

The 2025 tax bills will be mailed in August with a due date of September 19th. For details, visit the Property Tax Page on our website, <https://www.leeds1000islands.ca/en/living/Tax-Dates-and-Deadlines.aspx>

## Community Improvement Plan (CIP)

This year, the Fall Intake Deadline for CIP applications is on Friday, September 5 at 4:30 pm. The 5 (five) financial incentive programs of the CIP are: Façade Improvement, Accessibility/Code Compliance, Secondary Dwelling Unit Support, Building Conversion/Expansion & Agri-Ecotourism. For more information, including access to the CIP application form, please visit the Community Improvement Plan website page, <https://www.leeds1000islands.ca/en/governing/community-improvement-plan.aspx>.

Please contact the Township's Planning & Development staff with any questions regarding the CIP eligibility and application process.

# Township Insight

## Planning and Development

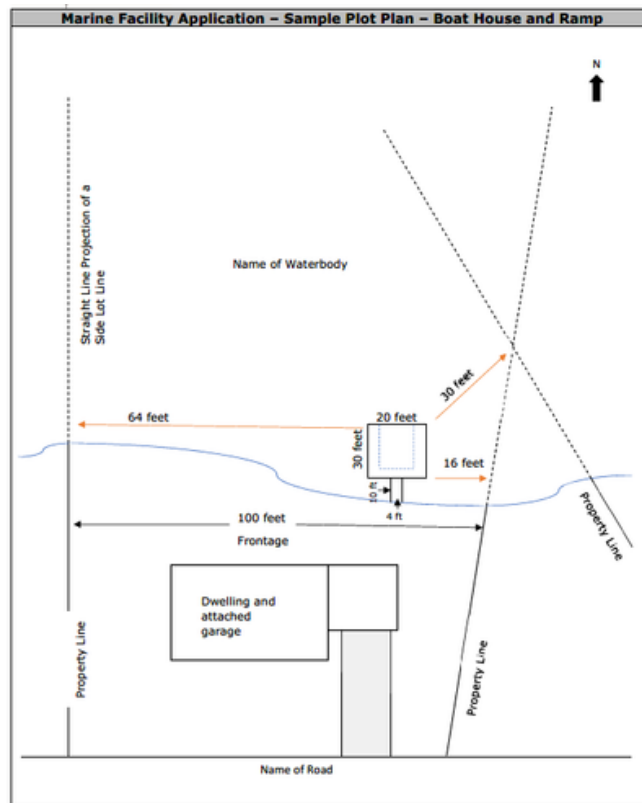
### Docks, Boathouses & Zoning Compliance

Planning & Development staff encourage those considering work to construct or alter a marine facility to contact the Township in advance to confirm zoning compliance and potential Building Permit requirements.

A marine facility is an accessory building or structure located on, over, under or immediately adjacent to a water body used to moor, berth or store a boat. This includes a launching ramp, boat lift, dock, boathouse, marine railway, water intake, pump house or similar structure/use. Marine facilities include both floating and permanent structures.

A permit under Ontario Regulation 148/06 may also be required from the Cataraqui Region Conservation Authority. Please contact their office at 613-546-4228.

To request a review, please submit an accurate, detailed plan of the existing development and a separate plan of what is proposed. Please include the frontage of the property, measurements of all marine facility structures, height (measured from the peak to the water), setback to side yard straight line projections, and the year the existing structures were built. There is no Township fee to pre-consult on your proposal.



Planning staff will advise if your proposal meets the applicable provisions of the Zoning By-Law or if you will require additional planning approval (i.e. minor variance, zoning by-law amendment). Staff will also advise if a building permit will be required.

Please submit your plot plan to Amanda Werner-Mackeler, Planning Technician at [planningtechnician@townshipleeds.on.ca](mailto:planningtechnician@townshipleeds.on.ca).

# Township Insight

## Planning & Development

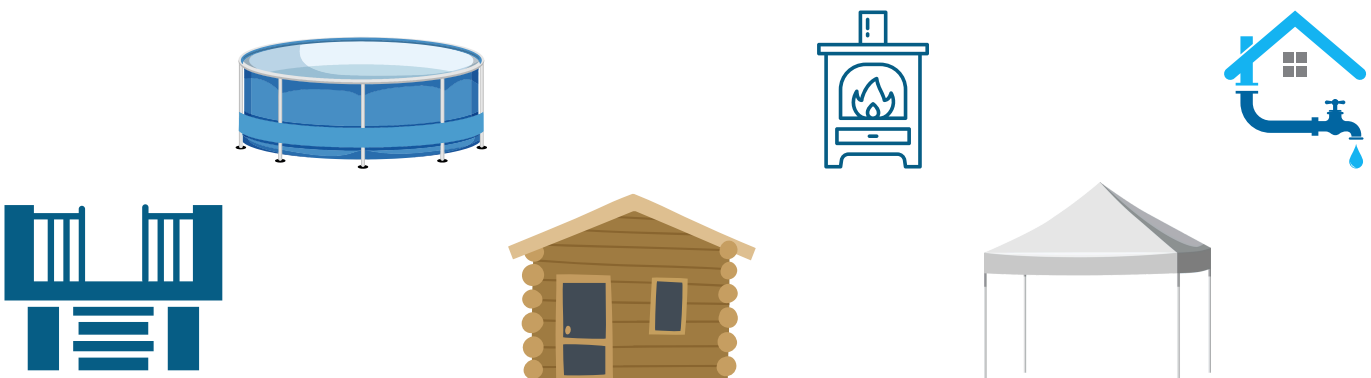
### Building Permits

Did you know that a building permit is required for the following types of projects?

- all new residential and commercial buildings, renovations and additions,
- new or replacement septic systems
- in-ground, or above-ground pools and associated decks,
- boathouses/boat ports and shore docks,
- stairways leading to docks or waterfront
- decks (new or repair/replacement),
- Sheds/garages /accessory buildings larger than 15 square metres if for storage only associated to a primary use. This includes site-built or prefabricated and shipping containers
- Any structure/accessory building that includes plumbing, regardless of size
- Sleeping Cabins, regardless of size
- tents (open or enclosed) larger than 60 square metres,
- demolition of structures,
- plumbing and gas systems,
- heating, ventilation and air conditioning systems,
- fireplaces and wood burning appliances,
- replacing furnaces or hot water tanks

Please note that all new development must comply with the zoning by-law. A plan showing the location of a proposed structure with setbacks to property lines and from other structures should be submitted to the Township for review.

This list is general and not exhaustive. Your project may have specific Ontario Building Code requirements. Before starting any construction or demolition, please contact Township Building staff to discuss your project and confirm zoning compliance and other requirements. Please note that structures built without a building permit may be subject to fines and/or increased fees.



# Township Insight



Township of  
**Leeds** and the  
**Thousand Islands**

## BY-LAW REFERENCE GUIDE



### Occupancy

- Number of users should match septic use permit
- Rental listing/agreement should match this number

Ontario Building Code



### Dogs

- Leashed in public
- No trespassing or roaming allowed
- Stoop and scoop always

By-law 2025-015



### Garbage

- Garbage and recycling must be properly contained
- Dispose of waste at the nearest municipal waste disposal site

By-law 22-046



### Trailers & Camping

- Trailers are prohibited outside of designated trailer parks & camping areas
- Occupancy of trailers on residential properties is not permitted

By-law 2025-17



### Parking

- All parking should occur entirely on your property
- Do not park in areas with no-parking signs
- Keep roadways clear for emergency vehicles

By-law 23-064



### Noise

- Excessive noise carries over waterbodies and disturbs your neighbours
- You can be charged at any time of the day if you are creating disruptive noise

By-law 22-049



### Property Standards

- Lawns should be free of long grass
- Property should be clean and free of accident hazards

By-law 22-046



### Burning

- Open air burning requires a permit (free; renew annually)
- A total fire ban restricts all open air burning

By-law 20-047

### How to Report a By-Law Complaint

Complaints can be submitted to the Township through the website, "Ask a Question and Report a Problem". This is monitored Monday to Friday from 9:00 a.m. to 4:30 p.m.



Frontenac Municipal Law Enforcement provides By-law enforcement services outside of Township business hours for complaints related to At-Large or Injured Dogs and the Noise By-law. Please contact Frontenac Municipal Law Enforcement at 613-541-3213. This is an answering service only, please leave specific details, including:

1. your name;
2. the address of the property of concern; and
3. Phone Number where you can be reached.

Frontenac Municipal Law Enforcement or a staff member may reach out to the complainant if there are questions or clarification required.

If it is an emergency or for urgent matters outside of Township business hours, please contact OPP dispatch at 1-888-310-1122, or 911.

# Township Insight

From the Ground Up.....

**Want to know what Road Projects are taking place this season?**

## **Surface Treatment Program**

- Single Surface Treatment Road segments
  - Centennial Road
  - Pacific Road
  - Chisamore Point Road
  - Maple Grove Road
- Double Surface Treatment Road segments
  - Kidd Road North - County Road 34 to Fairfax Road

## **Hot Mix Program**

- Paving of Washburn Road will be completed with HL3 asphalt from County Road 42 to the Rideau Lakes Boundary.
- Paving of park pathways, Furnace Falls Park and Centennial Park will have the existing pathways paved with HL3 asphalt.

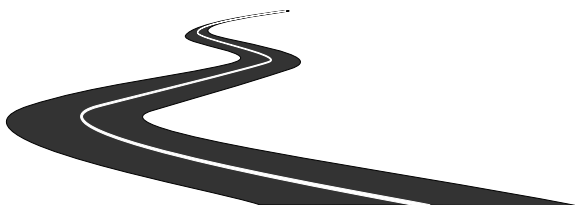
Questions about the Surface Treatment or Hot Mix Programs can be sent to: Aaron Hatton, Manager of Roads and Fleet, [managerroads@townshipleeds.on.ca](mailto:managerroads@townshipleeds.on.ca), 613-561-8945 ext. 234.

## **Rockport Urbanization Phase 1| Old River Road and Burtch's Lane**

Road Rehabilitation for Rockport Village Phase 1 - Old River Road and Burtch's Lane includes the following:

- Removal and disposal of existing asphalt pavement
- Resurfacing of Asphalt Pavement
- Supply and Install Curb and Gutter
- Culvert Replacements
- Pavement Markings and Speed Bumps
- Road Signs
- Landscaping and Plantation

Questions about the Rockport Urbanization Project can be sent to: Aaron Hatton, Manager of Roads and Fleet, [managerroads@townshipleeds.on.ca](mailto:managerroads@townshipleeds.on.ca) | 613-561-8945 ext. 234.





# Township Insight

From the Ground Up...

## Recycling changes coming July 1

The Township of Leeds and the Thousand Islands is transitioning its Blue Box program to the Producer Responsibility Framework, <https://www.circularmaterials.ca/what-is-epr/>, under Circular Materials, <https://www.circularmaterials.ca/about/>.

Ontario's blue box transition



## What does this mean for you?

### Village of Lansdowne Residents:

- Curb-side pickup of Recycling will be performed by Emterra Environmental Inc.
- Pickup day is Monday; Tuesday, if Monday is a holiday.
- Recycling items must be sorted by type: 1. Plastics, metal, aluminum, and glass in a transparent bag; 2. Paper and Cardboard flattened and tied or in a transparent bag.
- Questions about missed collection or replacement of recycling bins can be directed to [customercareont@emterra.ca](mailto:customercareont@emterra.ca) or 1-888-597-1541.
- At this time, no changes to solid waste collection services provided by JetBins.

### Township Waste Disposal Site Users:

- Users will see new bins and signage provided by Emterra Environmental Inc.
- Recycling processes remain the same:
  - Keep beverage containers, glass, flexible and rigid plastics, and metal materials together
  - Keep Paper materials separate from the above.

YOUR GUIDE TO

RECYCLING RIGHT

ACCEPTED IN RECYCLING BIN

Ensure your materials are clean and dry before placing them loose in the appropriate recycling bins.

 Flattened cardboard

 Paper

 Plastic bottles & containers

 Metal cans & containers

 Aluminum beverage cans

 Glass bottles & jars

NOT ACCEPTED IN RECYCLING BIN

Where applicable, donate or take to a designated drop-off location.

 Hazardous materials

 Diapers

 Tissues & paper towels

 Textiles

 Wood

 Organics & food

 Toys

 Batteries

Learn more:  
[circularmaterials.ca/ON](https://circularmaterials.ca/ON)



# Township Insight

## Fire Services

### Is Your Private Road or Laneway Accessible to Emergency Vehicles?

In an emergency, every second counts – and access is everything. Our fire trucks, ambulances, and other emergency vehicles require a minimum clear width of 6 metres (20 feet) and a vertical clearance of 5 metres (16.5 feet) to safely reach your property.

The laneway or road surface must also be built and maintained to support the weight of a fully loaded fire tanker, which can exceed 30 tonnes. Overgrown vegetation, soft surfaces, or narrow gates can delay or even prevent emergency response.

Equally important: make sure your 911 property marker is clearly visible from both directions of travel, day or night. Emergency responders rely on these signs to locate your property quickly – a faded, blocked, or missing sign can cost precious time.

We encourage all residents with private roads or laneways to check their access routes and signage, and make any necessary improvements to ensure we can reach you when it matters most.

For more information about road standards or any questions, please contact the [directoroperations@townshipleeds.on.ca](mailto:directoroperations@townshipleeds.on.ca).

**Help us Help You!**

**Can our Trucks fit down your Driveway?**

Is your Driveway clear 6 m wide and 5 m High and able to support the weight of a fully loaded Fire Truck? Is there room for a Fire Truck to turn around?





**Property Identification**

Make sure your 911 blade is visible from both directions and is clear of brush and snow

### Open Air Burning in TLTl: What You Need to Know

Open air burning can be a safe and useful way to manage brush and enjoy outdoor fires, but it must be done responsibly. In the Township, burn permits are free for all residents and can be easily obtained online at [lti.burnpermits.com](http://lti.burnpermits.com) or by stopping by the Township Office during business hours.

Despite this, in 2024, over \$19,000 in fines were issued to individuals who failed to follow the Open Air Burn By-law. Even more concerning, unsupervised fires led to three total-loss structure fires, all of which were preventable.

To protect your property, your neighbours, and our first responders:

- Always obtain a valid burn permit, they are free to all Township residents
- Follow all conditions outlined in the by-law and call your permit in every day you would like to burn
- Never leave a fire unattended
- Burn only when conditions are safe

Let's work together to keep our community safe. For more information, visit [lti.burnpermits.com](http://lti.burnpermits.com) or contact the Fire Department.

### What3words

Did you know that the Township of Leeds and the Thousand Islands includes hundreds of water-access-only properties throughout the 1000 Islands region of the St. Lawrence River, Rideau Canal and numerous lakes? In an emergency, every second counts and providing an exact location can be a challenge when addresses or landmarks are unclear.

That's where what3words comes in.



What3words is a free app that divides the world into 3-metre squares, each assigned a unique three-word address (<https://w3w.co/thankfully.gazebo.gratitude>). This makes it easy to communicate your exact location to emergency responders – even from the dock, the water, or deep in the woods. We encourage all residents and seasonal visitors to download the free what3words app, locate and save the three-word address for your dock, cottage, and any common meeting point, and share it with guests and family. It could save valuable time in an emergency. For more information, visit [what3words.com](https://www.what3words.com) or contact the Fire Department.

### Door-to-Door Campaign: Educating Our Waterfront Community

This summer, Leeds 1000 Islands Fire Service is expanding the Dock-to-Door Campaign in partnership with the Thousand Islands Association (TIA). Firefighters will visit seasonal cottages along the water to educate residents about critical fire safety topics, including the essential need for working smoke and carbon monoxide alarms in every residence, including seasonal cottages.

Smoke and carbon monoxide alarms save lives by providing early warnings of danger. Regardless of how often you use your cottage, it's vital to have these alarms installed, tested regularly, and maintained to protect you and your loved ones.

As part of the partnership, TIA has generously donated two new portable fire pumps for our new fire boat. This summer, the Fire Prevention Team will host a series of clinics at various locations, demonstrating how to safely operate these pumps.

These clinics are designed especially for island residents, teaching how having a fire pump on hand can help contain fires before Emergency Fire Services arrive, potentially preventing major damage.





# Local Happenings

## Lyndhurst & Area

### 31st Annual Turkey Fair

- When: September 20, 2025, 10 a.m. – 4:30 p.m.
- Location: Village of Lyndhurst, ON
- Details:
  - Free entry and free parking. Come and enjoy live music and delicious food, explore the vendors' market, participate in a silent auction, and check out the vintage car show.
  - There are various activities for kids to enjoy in the kid zone. You can experience paddling a voyager canoe and enjoy wagon rides. Don't miss the chance to encounter a river maid and meet the members of the Canadian Navy from HMSC Cataraqui.

## St. Lawrence Parks Commission



### THOUSAND ISLANDS PARKWAY MULTI-USE RECREATIONAL TRAIL

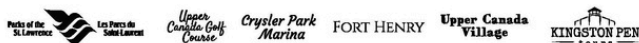
#### COMMUNITY SURVEY



Share your thoughts to help improve the Trail.  
Complete our quick, confidential survey today!

To learn more, please visit our website:

[STLAWRENCEPARKS.COM](http://STLAWRENCEPARKS.COM)



## Rockport & Area

### Thousand Islands Association (TIA) AGM

- When: Saturday, July 19, 2025, 8:00 a.m.
- Location: The Thousand Islands Playhouse, Gananoque
- Details: Enjoy a shore breakfast and meet up with old and new River friends at TIA's AGM. Hear guest speaker Chad Buchner talk about "Navigating the Historic Rideau Canal & Upper St. Lawrence Waterways".

### Music on the River Series

- When: Wed., July 16, August 20, 2025
- Time: 6:30 p.m. – 9:30 p.m.
- Location: Rockport Customs Dock
- Details: Live music at the dock.

### BBQ in support of the Rockport Protestant Cemetery

- When: Friday, July 11, 2025
- Time: 11 a.m. – 3 p.m.
- Where: 16 Reynolds Rd, Unit 4 (Slates MarineConstruction parking lot).

### Thousand Islands Playhouse Relaxed Performance

- July 27, 2 p.m. | Mary Poppins

## Leeds and 1000 Islands Historical Society

See our booth in the Red Building at the Lansdowne Fair this July. See the collection of items and find out about the Society.

### Upcoming Meetings

- September 2, 2025, 7:00 p.m.
  - Lansdowne United Church
    - Executive Meeting
- September 15, 2025, 7:00 p.m.
  - Lansdowne, United Church
    - Public Meeting, all welcome
      - Speaker to be announced.

For more information, contact Wilhelmina Lacelle at [prezltihs1@gamil.com](mailto:prezltihs1@gamil.com)

# Local Happenings

## Lansdowne & Area

### 161 Lansdowne Fair

- When: July 17 – 20, 2025
- Location: Lansdowne Fair Grounds, 1186 Prince Str., Lansdowne
- Details: Country Fair with lots to share – midway, exhibits, kids' activities, live entertainment, horse shows, demolition derby, and much more....

### 4th Annual Show 'N Shine and Auto Parts Flea Market

- When: August 17, 2025
- Time: 10:00 a.m. to 3:00 p.m.
- Location: 1186 Prince St., Lansdowne Fairgrounds
- Details: \$2.00 admission and \$5.00 to enter your vehicle. Flea Market Table to sell auto parts is \$25. Hosted by the Lansdowne Agricultural Society.
- For information, contact Darral at 905-376-7890

### Blueberry Social and Bingo

- When: August 13, 2025
- Time: 11:00 a.m. to 2:00 p.m.
- Location: 1186 Prince St., Lansdowne Fairgrounds
- Details: Hosted by the Lansdowne Agricultural Society

### LAS Closet Used Clothing Sale

- When: September 6, 2025
- Time: 10:00 a.m. to 4:00 p.m.
- Location: 1186 Prince St., Lansdowne Fairgrounds, Exhibit Hall
- Details: \$15 to fill a shopping bag! Check the Lansdowne Fair Facebook page for dates and times to drop off donations of good used clothing and accessories.

## Lansdowne & Area

### Seniors Day in the Park

- When: September 25, 2025
- Time: 10:00 a.m. – 1:00 p.m.
- Location: Charleston Lake Provincial Park
- Details: Local seniors are invited to a free guided walk on the trails and a light lunch.
- Registration required, by calling:  
613-453-4553, after August 1st, or by registering at  
[www.leeds1000islands.ca/seniorsinthepark](http://www.leeds1000islands.ca/seniorsinthepark).

## Gananoque & Area Food Bank

The Food Bank supports those living in the following catchment area:

- Taylor Rd West to Union Rd.
- Blue Mountain South to Rockport
- Taylor Rd. South to Ridge Drive
- Ridge Drive to Rockport

What to expect when you visit:

- 7 days of food each month for individuals and families in need living in the area.

Information required to receive service:

- 1 piece of ID ( birth certificate, driver's license, photo ID for individuals over 18)
- proof of address/residency for everyone over 18 living in the household.
  - driver's license
  - any type of bill with your name and address.

The Food Bank is open

- Monday to Friday, 12 p.m. (noon) to 3 p.m.
- 3rd Thursday of the month, 5 p.m. to 7 p.m.

Location: 497 King St. E., Gananoque, ON

Contact: 613-382-4434

Email: [Ganfoodbank@gmail.com](mailto:Ganfoodbank@gmail.com)

# Local Happenings

Leeds and the Thousand Islands Public Library

## TD Summer Reading Club

### Get Your Summer Read ON!

Registration begins the week of June 22nd! Sign up online or in person to participate and receive the full list of summer programs/events throughout July and August. Drop by throughout the summer for weekly Storytimes, group activities, take home craft kits, drop-in activities, search and finds, daily visit prizes and special events – It's all free! Thanks to a partnership with the Township of Leeds and the Thousand Islands, each registered participant will also receive a coupon for a free ice cream at our local parks.

### Weekly Group Activities

- Mondays 10:30 a.m. | Lyndhurst Branch
- Wednesdays 10:00 a.m. | Lansdowne Branch
- Thursdays 2:00 p.m. | Seeley's Bay Branch

### Forest of Reading

Hey adults, looking for a fun reading challenge this summer? Speak to library staff about the Forest of Reading Evergreen Award program!

### Special Events

- Ontario Parks visit | Lansdowne Branch
  - When: July 10
  - Time: 2:00 p.m.
- Rock Dunder Guided Hike
  - When: July 24
  - Time: 10:00 a.m.



EarlyON Story Time is **pausing for the summer**, resuming on Thursday, September 4<sup>th</sup>  
When: Every Thursday | Lansdowne Branch  
Time: 10 a.m. – 11 a.m.

Leeds and the Thousand Islands Public Library

## Ongoing Programs

- Teen Art Nights | Lansdowne Branch
  - When: July 8 and August 12
  - Time: 6:00 p.m. – 7:00 p.m.
- Homeschool Connections | Lansdowne Branch
  - When: Fridays
  - Time: 1:30 p.m.
- News of the World | Seeley's Bay Branch
  - When: Thursdays
  - Time: 3:00 p.m.
- Knit & Crochet
  - When: Wednesdays at 10:30 a.m. | Lansdowne
  - When: Thursdays at 5:30 p.m. | Seeley's Bay
- 1 on 1 Technology Support
  - available at all branches upon request

## Book Clubs

- Teen Book Club | Lansdowne Branch
  - When: Tuesday, July 22 & August 26
  - Time: 6:00 p.m.
- Lansdowne Book Club | Lansdowne Branch
  - When: Third Thursday of the month
  - Time: 3:00 p.m.
- Gentle Reader's Book Club | Lyndhurst Area
  - When: Third Tuesday of the month
  - Time: 2:00 p.m.
- Seeley's Bay Book Club | Seeley's Bay Branch
  - If you are interested in joining this new book club, call the branch at 613-387-3909.

## Celebrating with the Community

Look for us at the:

- Seeley's Bay Canada Parade: July 1
- Lansdowne Fair: July 17-20

# Youth Camps and Programs

There's something for everyone in and around TLTI

## **FAB Summer Nature Camp**

July 2 to August 22

Weekly nature themed, outdoor camp for kids 5-11 years old across the Frontenac Arch Biosphere Region at four locations: Elgin, Lyndhurst, Brockville and Lansdowne.

\$225 per child/per week (\$135 for the three-day week, and \$180 for the four-day week).

<https://frontenacarchbiosphere.ca/summer-camps/>

## **Girls Inc. Summer Camp**

Description: Who Runs the World: Famous Leaders from Around the Globe. STEM, Learn to be a Leader.

Session: August 5 - 8, Lansdowne. (4 days), \$160.

Register at <https://girlsinc-uppercanada.org/current-offerings>, or contact 613-345-3295 for further assistance. Reach out to [admin@girlsinc-uppercanada.org](mailto:admin@girlsinc-uppercanada.org) after registration to inquire about a subsidy.

## **Sponsor a Girl attending Summer Camp:**

Help us give every girl a summer to remember!

At Girls Inc., we believe that every girl deserves access to life-changing programming, regardless of finances. That's why we offer no-questions-asked subsidies to any family that asks, to ensure cost is never a barrier to confidence-building, curiosity-sparking, and friendship-making FUN.

Sponsor a spot. Change a summer.

Donate here: <https://www.canadahelps.org/en/charities/girls-incorporated-of-upper-canada/>

## **Gananoque Canoe Club**

Variety of programs: introductory, safety, sprint, competitive, Special Olympic and/or skill development! Multi-level & age-based programs U10/U12/U14 / U16

If your family needs financial or adaptation assistance, let us know!

More info: Joanne Carswell [gananoquecanoecub@live.com](mailto:gananoquecanoecub@live.com) // "Gananoque Canoe Club" Facebook page.

## **Swimming Rideau Lakes Township**

Life Saving Society swimming lessons in July & August at Sand Lake Park & Westport Lion's Club Beach

Register: [www.rideaulakes.ca/live/community/recreation](http://www.rideaulakes.ca/live/community/recreation)

## **Swimming Elizabethtown-Kitley**

Registration is now open for swimming lessons at Lyn Pit (9 Lyn Valley Road).

Three sessions July 3 - July 14 | July 17 - July 28 | August 7 - August 18

More info/registration: [ektwpswim@gmail.com](mailto:ektwpswim@gmail.com), [recreation@ektwp.ca](mailto:recreation@ektwp.ca) or 613-345-7480 ext. #238 .

## **Fencing - Lansdowne June-July 2025**

Young adult to Senior Program - Learn the art and sport of fencing. Instruction is given by longtime Head Coach of the Kingston Fencing Club. Program runs in four-week sessions. Fencing equipment is provided. Classes are held on Thursday nights, 5:45 p.m. to 8:00 p.m. | June 5 to July 31.

To join contact: [henry.pardoel@gmail.com](mailto:henry.pardoel@gmail.com) | 613-331-4981

# Youth Camps and Programs

There's something for everyone in and around TLTI

## Pop-Up Play - Early On Years

"Parenting is hard work, we can help! This is a **free drop-in** playgroup for families, caregivers and their children from birth to 6 years of age. In a simplified, early learning environment, children are encouraged to explore, create, play and engage in various experiences that promote inquiry and play-based learning."

When: Tuesday, July 8, and Friday, August 8

Time: 9:30 a.m. - 11:30 a.m.

Location: Jerry Park, Lansdowne

## COR Martial Arts | Lansdowne - Fall 2025

Offering sport kick boxing & self defense programs for Kids & Adults. Weekly Classes on Fridays beginning in September 2025. Whether you're just starting out or you've been training for years, we are inclusive and welcoming of all experience and fitness levels

Contact [info@cormartialarts.ca](mailto:info@cormartialarts.ca) | 613-345-2101 | <https://cormartialarts.ca/>



## C.A.R.E. Program | Lansdowne - Fall 2025

RNJ Youth Services is looking forward to working with TLTI to bring a brand-new program to youth. Designed for youth aged 12-17, CARE is a 10-week life skills program that focuses on building self-esteem and the ability to set healthy boundaries. The program relies on a mixture of activities, videos, and group discussions, and topics include consent, body-positivity, dating, emotional regulation, rejection and many more. Online safety topics are also discussed and include information on how to stay safe online and what to do when something goes wrong.

## Youth Park Pop Ups | Free event hosted by RNJ Youth Services and TLTI

Hang out and play soccer baseball, learn to tie-dye and have some snacks and join in the fun.

July 10 | 1:00 p.m. to 4:00 p.m. | Centennial Park, Seeley's Bay

August 11 | 1:00 p.m. to 4:00 p.m. | Jerry Park, Lansdowne

Let's Grow our Programming in TLTI

## Badminton, Basketball or Volleyball - Youth or Adult

Do you want to play or learn to play? Let us know! The survey indicated these were of interest, but we need community volunteers or interested people to help run programs!

If you are interested in playing, let us know, and we can create a list. If you have time to volunteer, let us know how you would like to volunteer. Must be 21 years of age to volunteer.

- Unlock & lock the halls
- Set up nets & equipment
- Track and report attendance, sign-up lists, and waiver completion
- Supervise the activities within the space

Contact: [recreation@townshipleeds.on.ca](mailto:recreation@townshipleeds.on.ca) | 613-659-2415 ext. 246



# Community Program Offerings

There's something for everyone in and around TLTI

## **Learn to Play Pickleball with the Pickleball Authority – Seeley's Bay & Lansdowne**

Join our fun and friendly clinics with a certified teaching pro! You'll grasp the basics, learn some winning strategies, and have a blast doing it. The Pickleball Authority is locally owned and happy to be teaching the fastest-growing sport to 18+ or reach out to book lessons for families.

When: Beginning in July until September

Where: Lansdowne & Seeley's Bay outdoor courts

Cost: \$49 for a single group lesson, \$149 for 4 group lessons. Paddles and balls are included during lessons.

Sign up today! [<https://www.pickleballauthority.ca/leeds-and-the-thousand-islands.html>]

More Info: contact [david@pickleballauthority.ca](mailto:david@pickleballauthority.ca)

## **Fit & Fab Fitness Classes with Wendy – Virtual Classes Available!**

Designed for adults to improve aerobic capacity, strength, flexibility, balance and coordination. Bring your own mat and exercise ball.

Fit & Fab 1 held, 9:30 a.m. to 10:30 a.m.

Fit & Fab 2 held, 10:45-11:45 a.m.

Session Dates: July 7 to September 26 (Mon. Wed. and/or Fri)

No classes: Mon., Aug. 4 and Mon., Sept. 1

Cost:

- Drop in any day \$6.00/session
- \$72.00 for once a week,
- \$132.00 for twice a week
- \$170 for three times a week



Register online – Scan QR code or go to <https://lti.ebasefm.com/programs/welcome> to create an account or contact: [recreation@townshipleeds.on.ca](mailto:recreation@townshipleeds.on.ca) | 613-659-2415 ext. 246

## **CPHC – Pole Walking | Sponsored by the SE LHIN & Ministry of Long-Term Care**

Various Locations

Must pre-register: Kim Ducharme: 613.342.3693 Ext: 2303 or email, [ducharme@cphcare.ca](mailto:ducharme@cphcare.ca)

- June 17-August 5
- August 12-September 30
- October 7-November 25 (weather permitting)

## **CPHC – Looking for Volunteers to Facilitate Senior Exercise Classes | Lansdowne**

Looking for Canadian Centre of Activity Aging (CCAA) certified, or equivalent or willing to be trained.

Reach out to Kim Ducharme: 613-342-3693 ext. 2303 or email: [Ducharme@cphcare.ca](mailto:Ducharme@cphcare.ca)

**Yoga with Melissa** – Paused for the summer. For info, contact: [mpearce2341@gmail.com](mailto:mpearce2341@gmail.com).

**Yoga with Jodi** – Paused for the summer. Classes Wednesday 1 p.m. to 2 p.m. | Seeley's Bay Hall

**Chair Yoga & Movement Class with Jodi**, coming this fall, Wednesdays 2:30 p.m. – 3:30 p.m. | Seeley's Bay Hall.

# Community Offerings

There's something for everyone in and around TLTII

## Lansdowne Seniors

The group won't be meeting in July or August, but will reconvene on the first Wednesday of September for euchre.

Details: Group meets weekly for euchre and socializing

When: Starting, September 6, 2025

Time: 1:00 p.m. – 4:00 p.m.

Location: Lansdowne Community Building (meeting room) 1 Jessie St., Lansdowne.

Contact: Marilyn Dwyre at 613-659-3860 for more info.

## Arts & Music

Some individuals indicated they may want to create or join a group that plays an instrument, sings or enjoys listening to those who do. Are you interested? Reach out, and we can connect you!

Contact [recreation@townshipleeds.on.ca](mailto:recreation@townshipleeds.on.ca) | 613-659-2415 ext. 246.

## Family Fitness with Tandem | Lansdowne

Family-friendly workouts & games to get you and your kids moving this summer! Kids & people of all ages welcome, especially those young at heart

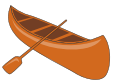
When: Thursdays 11:00 a.m. to 11:45 p.m.

Where: Jerry Park Pavilion, Lansdowne

Drop in \$20/family or book 8 weeks for \$120.00

Book at: [www.tandemunifiedwellness.ca/events-current](http://www.tandemunifiedwellness.ca/events-current) or email: [tandemunifiedwellness@gmail.com](mailto:tandemunifiedwellness@gmail.com), call 613-246-8388.

## Let's Get Outdoors in TLTII



Kayak/Canoe Launches in TLTII: Check out the various launches! Tag #TLTIKayak to let us know you were there!

Kendrick's Park, Centennial Park, Rockport, Charleston Lake Outlet, Furnace Falls, Lyndhurst Lake.

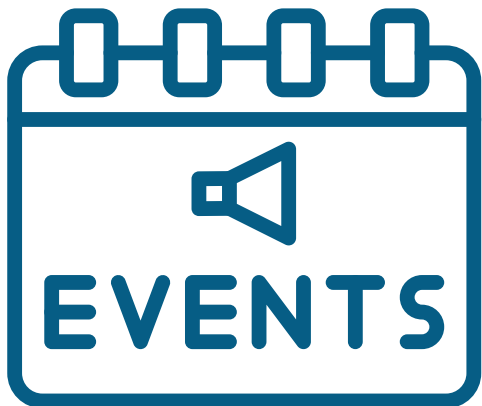


Looking to have a family get together, birthday party or celebration?  
Rent a pavilion or park! Check out our available spaces.

This ensures you a space, you can bring a BBQ and have a party! Bookable online, [https://tlti.ebasefm.com/rentals/welcome?\\_mid\\_=130127](https://tlti.ebasefm.com/rentals/welcome?_mid_=130127), or email Alex at [recreation@townshipleeds.on.ca](mailto:recreation@townshipleeds.on.ca)



# Local Events



## Annual Lyndhurst Turkey Fair

20 SEPTEMBER 2025

10 AM - 4:30 PM

Free Entry & Parking

Hop on board for a countryside extravaganza! Soar through the skies on a helicopter joyride, uncover the secrets of history, admire stunning quilts! Vintage car show and amazing food vendors.

Packed with activities for the little ones, and endless free fun for everyone!



Indulge in toe-tapping tunes at one of our five music stages. Wander the village streets and uncover treasures from our over 100 vendors.

Delight in fun kid zone shenanigans with the extreme obstacle course and climbing wall. You may run into one of your favourite characters! Many activities for the little ones as well. Visit Furnace Falls Park and meet the River Mermaid, paddle a historic Voyager canoe!

Follow on Facebook for all the updates!



Hwy 15 to County Rd 33 (Lyndhurst Rd). Parking available at each end of town with shuttle bus. Disabled parking available in town.  
35-40 minutes from Kingston, Brockville & Gananoque. Approximately 1 hr 30min from Ottawa

