



Township of  
**Leeds** and the  
**Thousand Islands**

# Community Contact Directory





# Community Contact Directory

**Your Condensed  
Community Yellow Pages!**

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# *Community Contact Directory*

**Community Associations**



# Community Contact Directory

## **Gananoque Lions Club**

The Gananoque Lions Club helps to create a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation.



susanetunnicliffe@gmail.com



613-876-5453



@Gananoque-Lions-Club-District



[www.gananoquelionsclub.com](http://www.gananoquelionsclub.com)

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## **Leeds & the Thousand Islands Lions Club**

The TLTI Lions Club helps to create a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation.



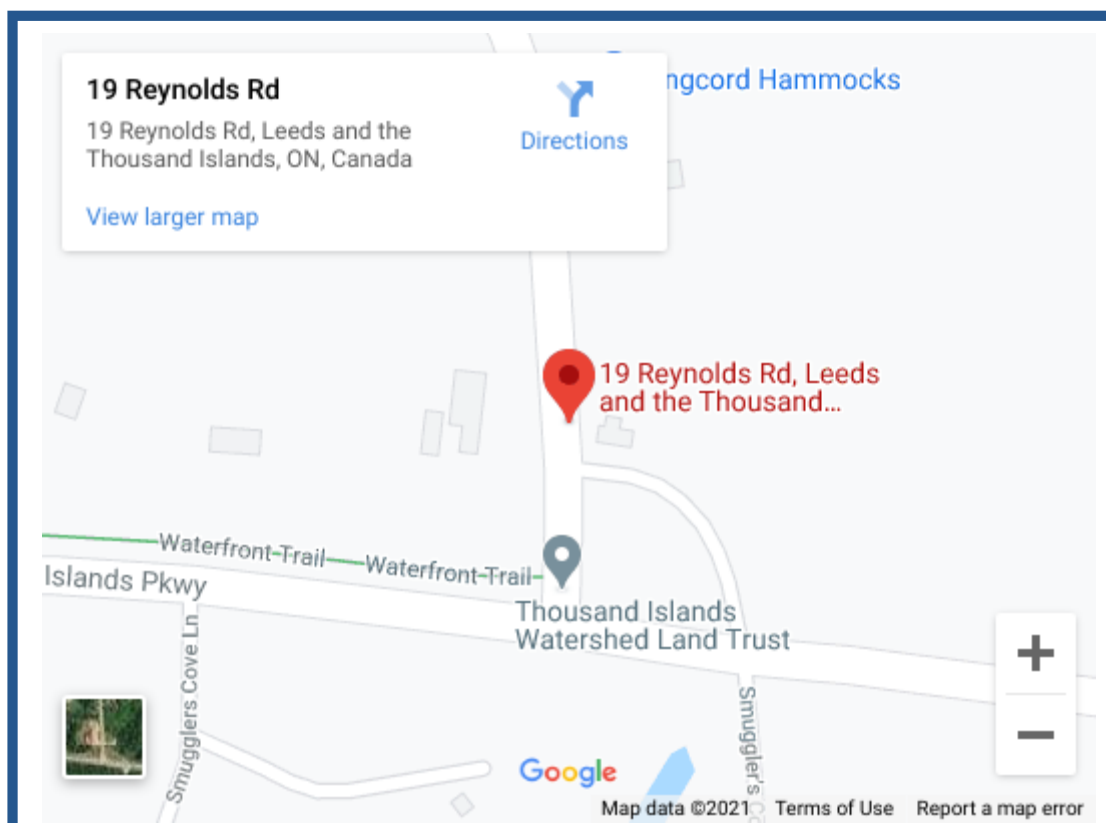
613-561-1753 ~ Steve Miller



# Community Contact Directory

## **Frontenac Arch Biosphere Network**

The Frontenac Arch Biosphere is known locally as the Biosphere Network helping to guide our community towards a more sustainable living.



19 Reynold's Road,  
Lansdowne, ON, K0E 1L0



613-659-4824



[www.frontenacarchbiosphere.ca](http://www.frontenacarchbiosphere.ca)

@FrontenacArchBiosphere



@FABiosphere



@FABiosphere

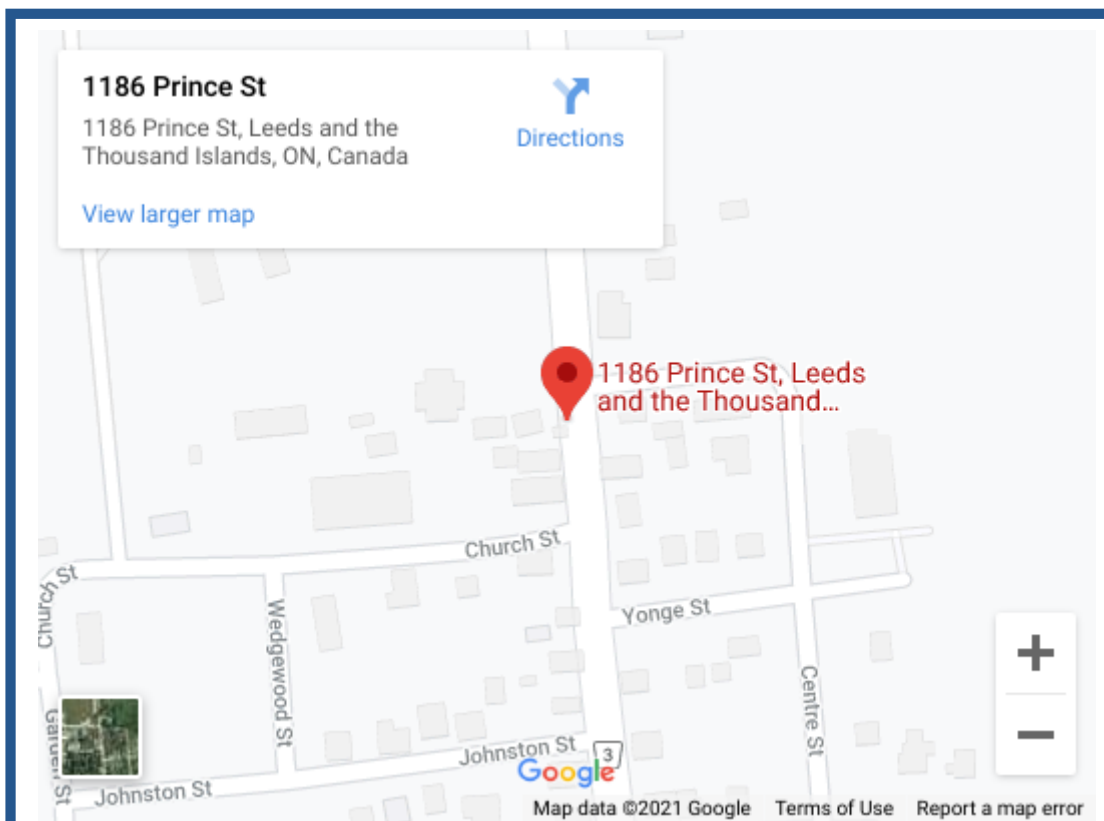




# Community Contact Directory

## Lansdowne Agricultural Society

The Lansdowne Agricultural Society is the proud sponsor of the annual Lansdowne Fair.  
Where friends have met since 1864!



1186 Prince st. Lansdowne,  
ON, K0E 1L0



613-659-2124



[www.lansdownefair.ca](http://www.lansdownefair.ca)

@LansdowneFair



[lasinfo@1000island.net](mailto:lasinfo@1000island.net)





# Community Contact Directory

## **Lansdowne Association for Revitalization**



lafr@1000island.net



613-929-3063



@LansdowneAssociationForRevitalization



[www.lansdowneontario.ca](http://www.lansdowneontario.ca)

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## **Leeds & 1000 Islands Historical Society**

To discover and promote the importance of the township and surrounding area; to preserve our history through a permanent collection of archives; to research and keep records of sites of historical interest; and to share our history with the community.



admin@ltihistoricalsociety.org



613-328-0958



[www.ltihistoricalsociety.org](http://www.ltihistoricalsociety.org)



# Community Contact Directory

## Lyndhurst Rejuvenation Committee



415 Lyndhurst Rd, Lyndhurst,  
ON, K0E 1N0



613-928-1196



[www.lyndhurstvillage.ca](http://www.lyndhurstvillage.ca)

[lyndhurstcommittee@gmail.com](mailto:lyndhurstcommittee@gmail.com)





# Community Contact Directory

## **Rockport Development Group**

To promote good quality tourism in our village that preserves and fosters awareness of our long heritage and to make Rockport a premiere destination in the 1000 Islands.



wendymerkely@1000island.net



613-659-3475



[www.rockportthousandislands.com](http://www.rockportthousandislands.com)

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## **Seeley's Bay & Area Resident Association**



[sbara@seeleysbay.com](mailto:sbara@seeleysbay.com)



@SupportSeeley'sBayOnt





# *Community Contact Directory*

**Community Services**



# Community Contact Directory

## **1000 Islands Shrine Club**



dscowan@outlook.com



613 - 900 - 4871



[www.tunis179.org](http://www.tunis179.org)



# Community Contact Directory

## Chamber of Commerce 1000 Islands Gananoque

The 1000 Islands Gananoque Chamber of Commerce advocates and represents business interests and issues affecting the community.



10 King St. E, Gananoque,  
ON, K7G 1E6



613 - 382 - 7744



[www.1000islandsganchamber.com](http://www.1000islandsganchamber.com)

@1000IslandsGananoqueChamber



@GananoqueChamb



[info@1000islandsganchamber.com](mailto:info@1000islandsganchamber.com)



# Community Contact Directory

## **Lyndhurst Seeley's Bay & District Chamber of Commerce**

This chamber supports and promotes local businesses while spreading the word about why this area is a great place to invest and live.



info@lsbchamber.ca



@LSBChamber



www.lyndhurstseeleysbaychamber.com

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## **Lansdowne Women's Institute**

This institute is all about fun, fellowship, learning, and charitable work!



bmjb@1000island.net



613 - 659 - 2008



www.fwio.on.ca

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## **Lyndhurst Legion Branch 504**



info@on.legion.ca



905-841-7999



@CanadianLegion



@RCL\_DC



www.on.legion.ca



# Community Contact Directory

## **R.O.L.L Aid Centre Food Bank**

The Food bank is for non-perishable and perishable foods, formulas, household items, extra food for pregnant women and children, and provides deliveries to families facing emergencies



Royal Canadian Legion Branch 491,  
116 Bay St, Seeleys Bay, ON, K0H 2N0



613 - 770 - 2935

wimruesink@hotmail.com



# Community Contact Directory

## **Food Bank Gananoque**

The Food bank is for non-perishable and perishable foods, formulas, household items, extra food for pregnant women and children, and provides deliveries to families facing emergencies



497 King St. E, Gananaoque  
ON K7G 1E8



613 - 382 - 4434

@gananoquefoodbank



ganfoodbank@gmail.com

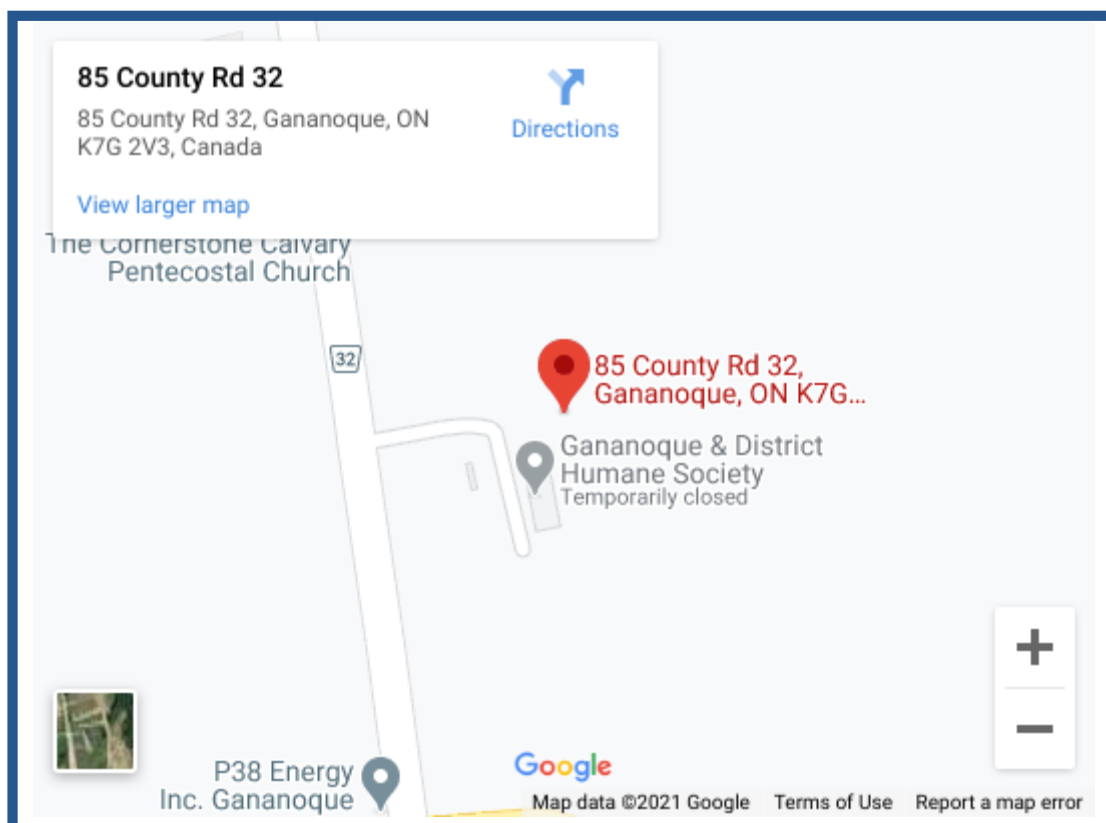




# Community Contact Directory

## Gananoque & District Humane Society

The Humane Society has loving, furry friends who are looking for caring adopters so they can go to their forever home.



85 County Rd 32, Gananoque  
ON, K7G 2V3



613-382-1512



[www.ganhumanesociety.ca](http://www.ganhumanesociety.ca)

@gananoquedistricthumanesociety



@gdhscats



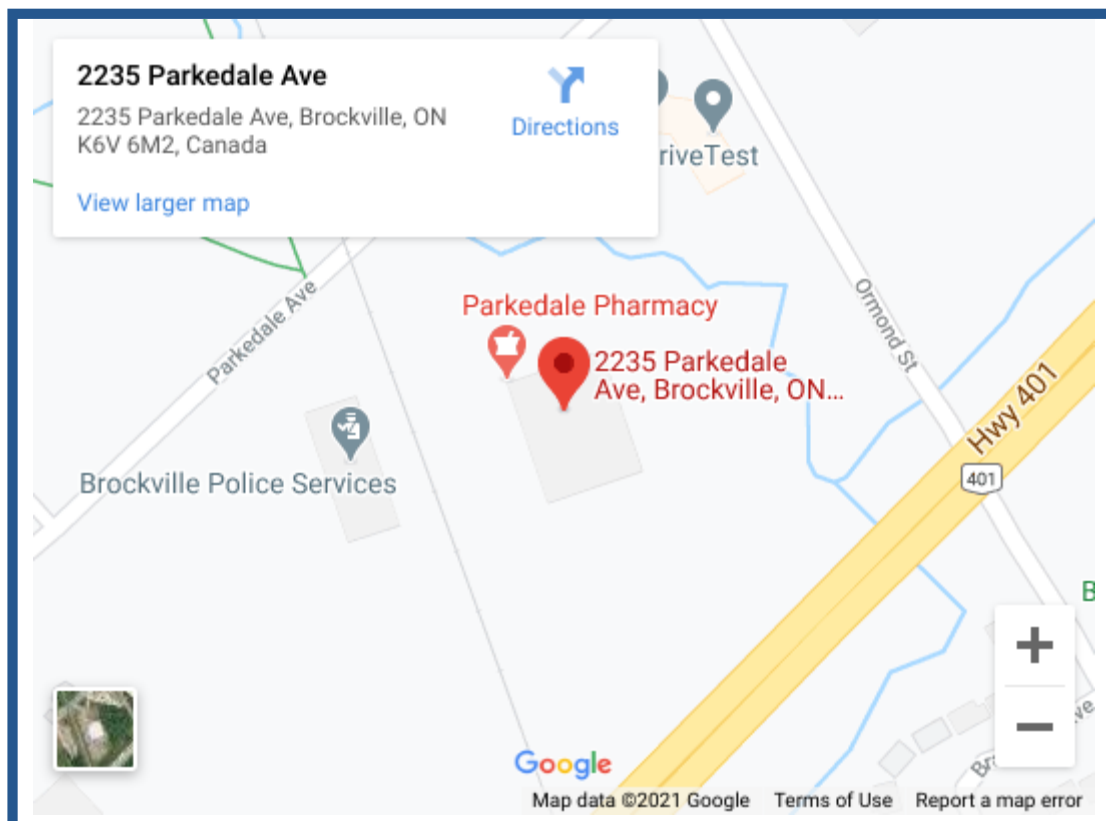
[humanesociety@bellnet.ca](mailto:humanesociety@bellnet.ca)



# Community Contact Directory

## **CPHC - Senior Support Services**

This organization is dedicated to supporting the lives of seniors and their families.



2235 Parkedale Ave, Brockville  
ON, K6V 6B2



613 - 342 - 3693



[www.cphcare.ca](http://www.cphcare.ca)

@cphcare



@cphc\_llg



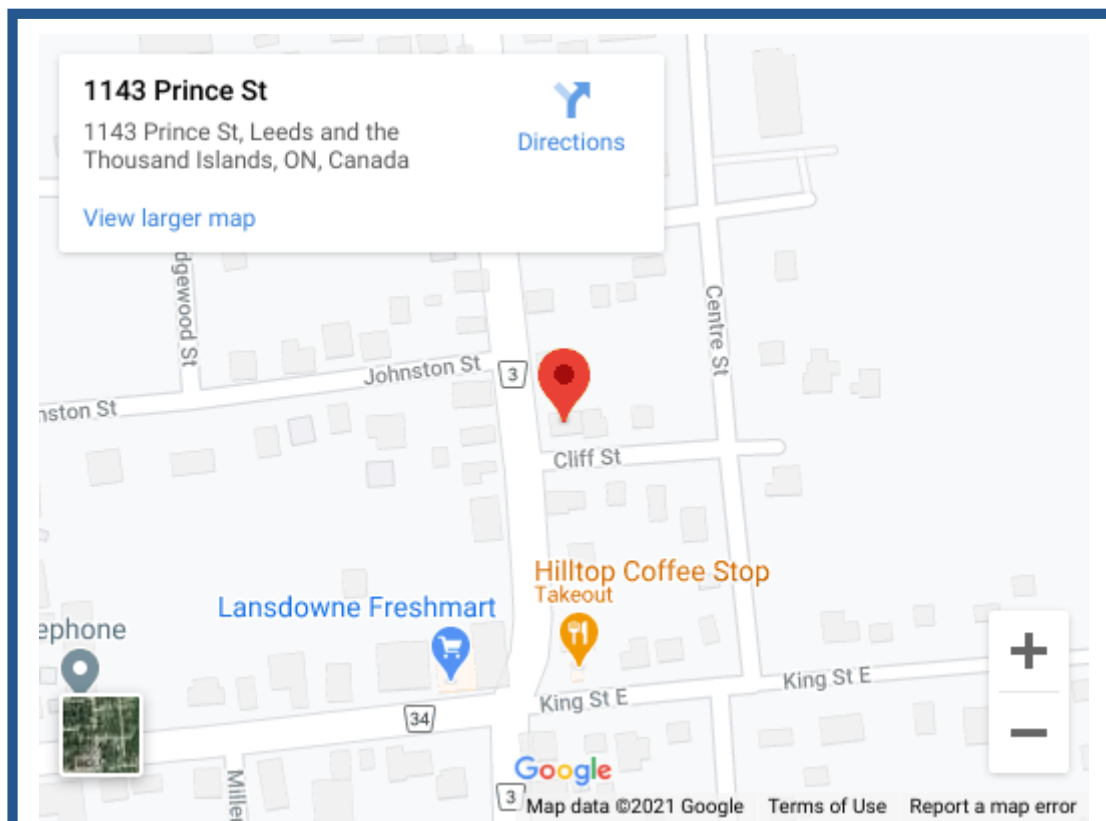
[info@cphcare.ca](mailto:info@cphcare.ca)





# Community Contact Directory

## Lansdowne Masons



1143 Prince St., Lansdowne,  
ON K0E 1L0



613 - 659 - 2670



[www.stlawrencemasons.net](http://www.stlawrencemasons.net)

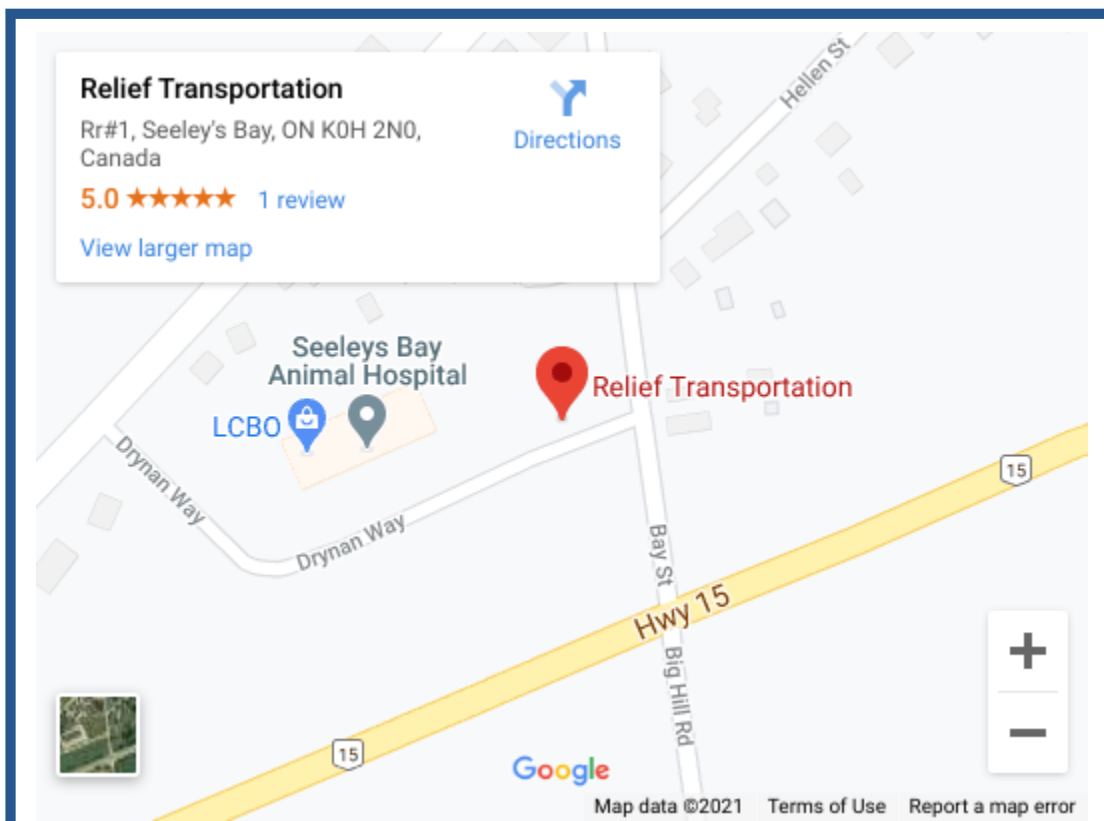
[windyacre@1000island.net](mailto:windyacre@1000island.net)



# Community Contact Directory

## Relief Transportation

This company supports Seeley's Bay and surrounding areas with assisting the elderly with groceries or deliveries, as well as providing airport services for pick up or drop off.



RR#1 Seeleys Bay, ON,  
K0H 2N0



343 - 364 - 0177



[www.relieftransportation.com](http://www.relieftransportation.com)

@ReliefTransportation



[jeff@relieftransportation.com](mailto:jeff@relieftransportation.com)





# Community Contact Directory

## Seeley's Bay Legion Branch 491



116 Bay St, Seeleys Bay, ON,  
K0H 2N0



613 - 928 - 2617



[www.on.legion.ca](http://www.on.legion.ca)

@CanadianLegion



@RCL\_DC

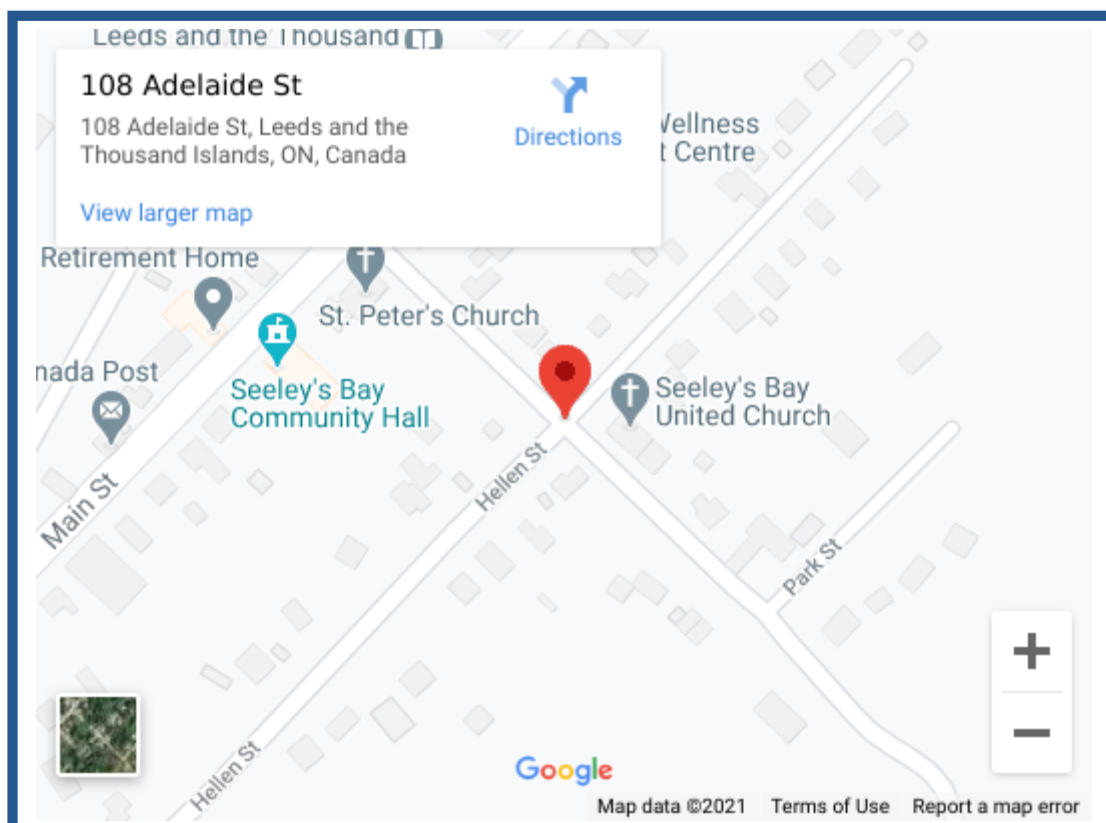


[info@on.legion.ca](mailto:info@on.legion.ca)



# Community Contact Directory

## Seeley's Bay Masons



108 Adelaide St, Seeleys Bay,  
ON K0E 2N0



613 - 387 - 3388



[www.mafd.ca](http://www.mafd.ca)

[rideau.minden253@gmail.com](mailto:rideau.minden253@gmail.com)





# Community Contact Directory

## Wheels of Care

Wheels of Care offers local transportation service, bus transportation to doctor or clinic appointments, and banking or shopping.



375 James St. N, Gananoque  
ON, K7G 2Z1



613 - 382 - 4831





# *Community Contact Directory*

**Health & Social Services**



# Community Contact Directory

## Alcoholics Anonymous



info@lanarkleedsaa.org



1 - 855 - 267 - 2696



www.lanarkleedsaa.org

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## Kids Help Phone



1 - 800 - 668 - 6868



@KidsHelpPhone



@KidsHelpPhone



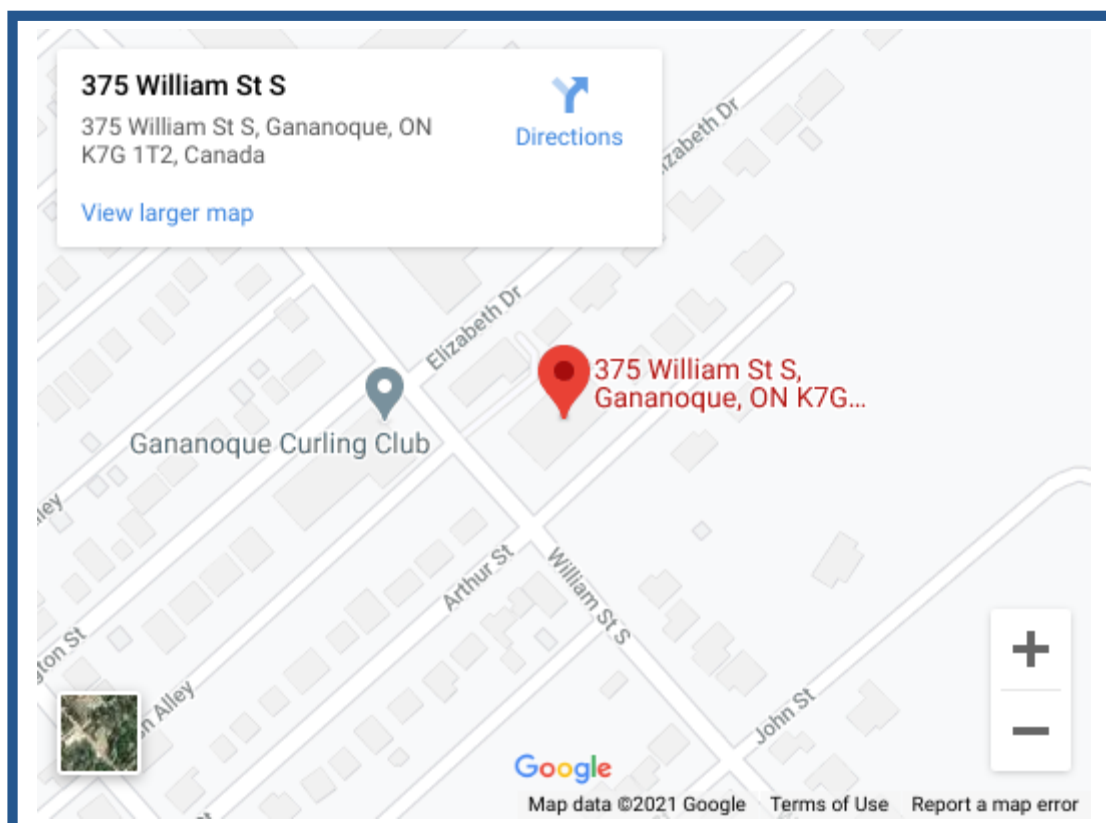
@kidshelpphone



www.kidshelpphone.ca

# Community Contact Directory

## Leeds, Grenville & Lanark District Health Unit - Gananoque



10 King St. E, Gananoque,  
ON, K7G 1E6



613 - 382 - 4231



[www.healthunit.org](http://www.healthunit.org)

@LGLHealthUnit



[contact@healthunit.org](mailto:contact@healthunit.org)





# Community Contact Directory

## **Ontario Poison Centre**



poison.information@sickkids.ca



1 - 800 - 268 - 9017



@ON\_Poison



www.ontariopoisoncentre.com

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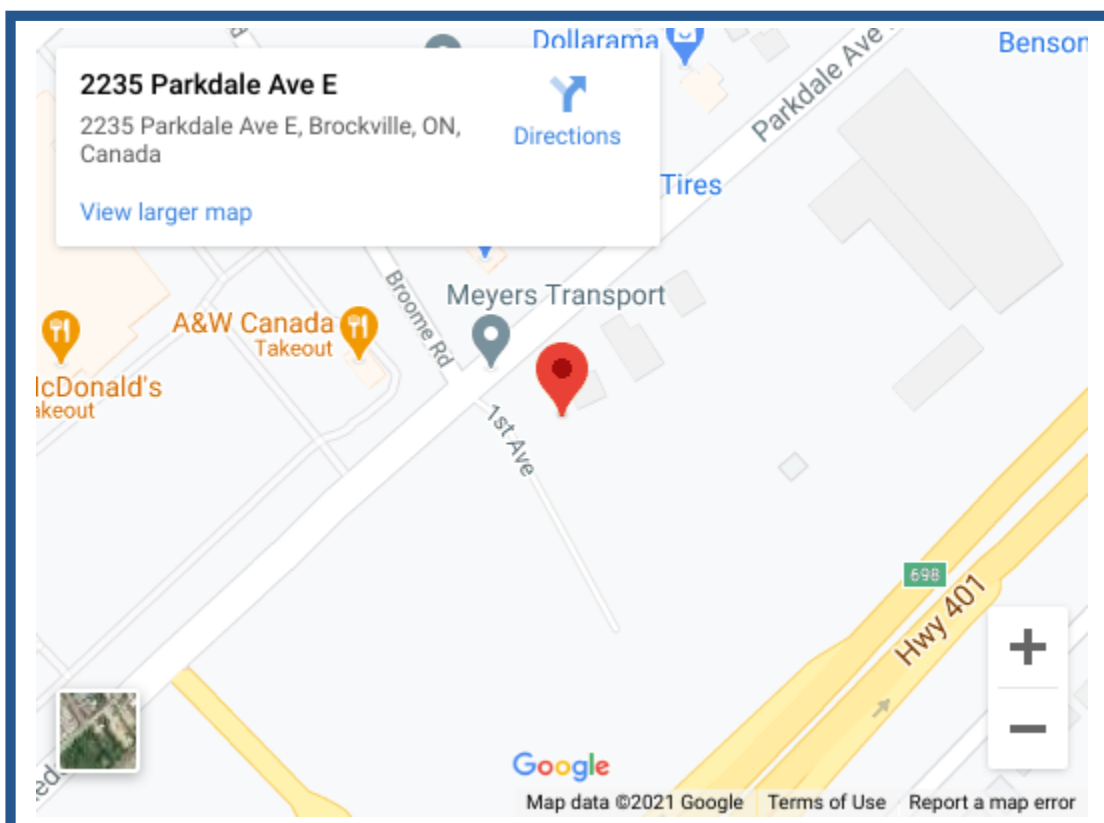
## **Telehealth**



1 - 866 - 797 - 0000

# Community Contact Directory

## Senior Support Service (CPHC)



2235 Parkdale Ave, Brockville  
ON, K6V 6B2



1 - 800 - 465 - 7646



[www.cphcare.ca](http://www.cphcare.ca)

@cphcare



@cphc\_llg



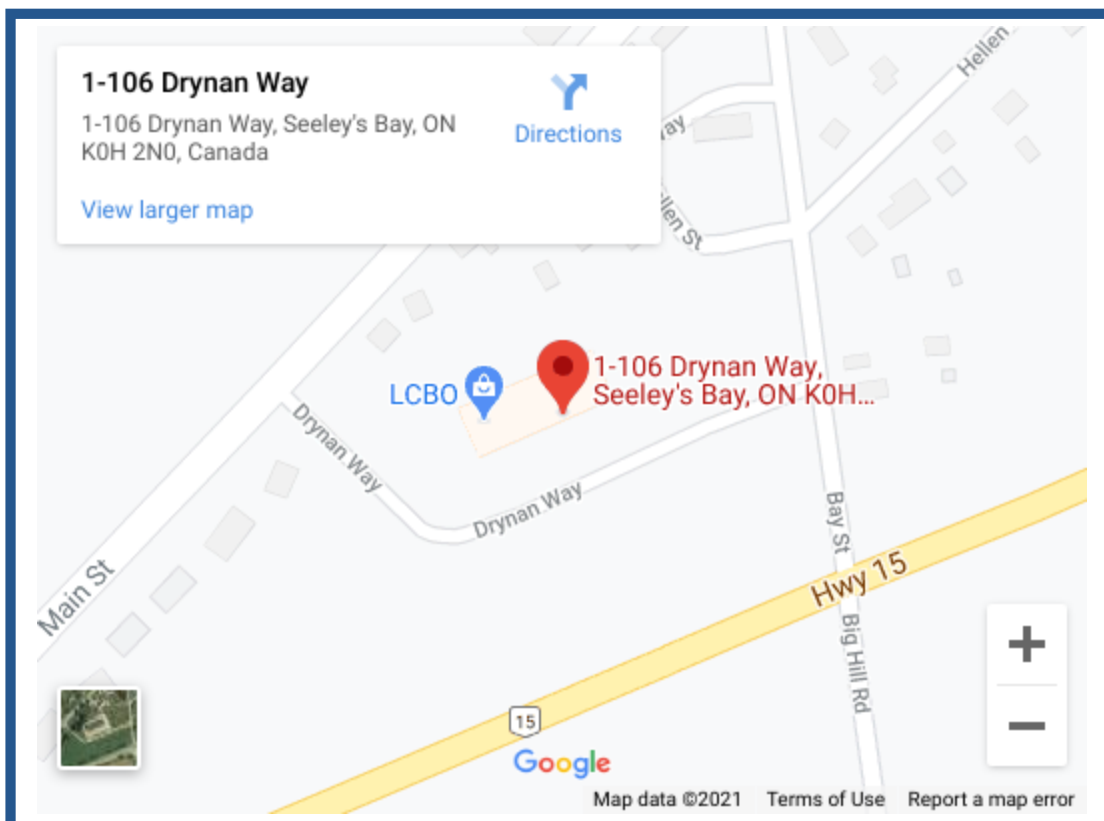
[info@cphcare.ca](mailto:info@cphcare.ca)





# Community Contact Directory

## Seeley's Bay Medical



106 Drynan Way, Unit 1,  
Seeley's Bay, ON K0H 2N0



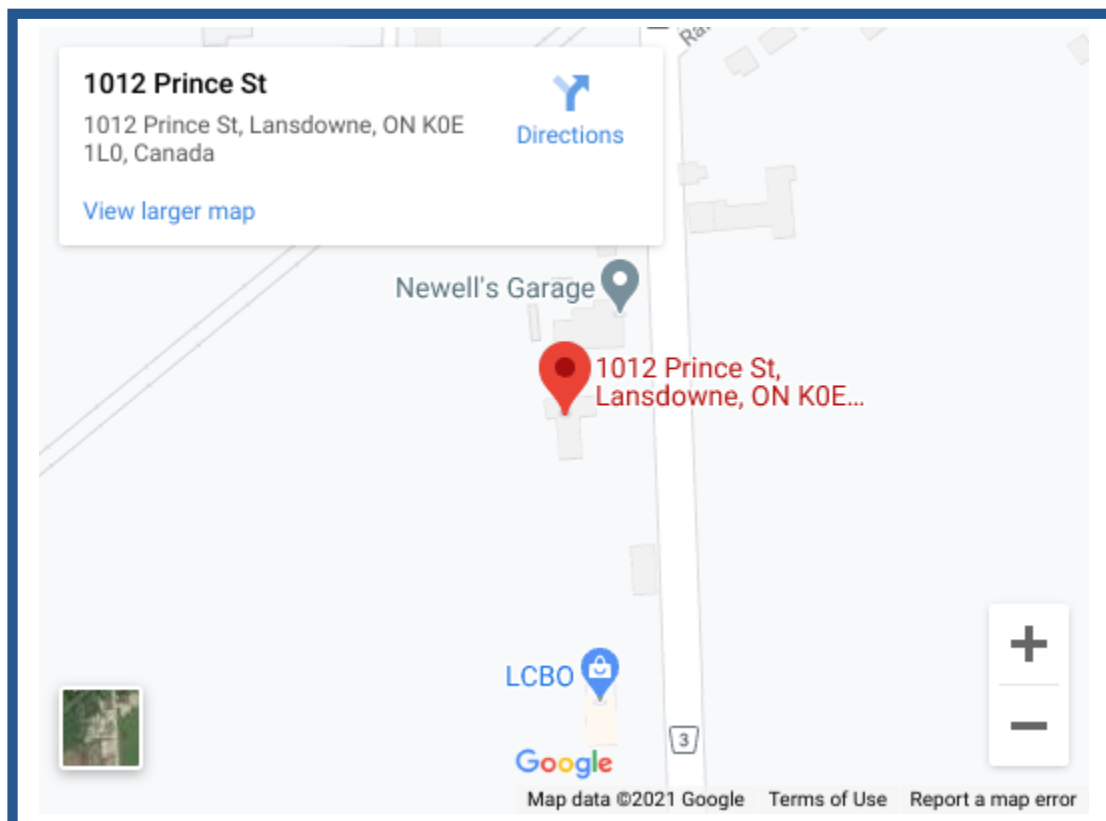
613 - 387 - 3120



[www.seeleysbay.ca/medical](http://www.seeleysbay.ca/medical)

# Community Contact Directory

## St. Lawrence and District Medical Centre



1012 Prince St., Lansdowne  
ON K0E 1L0



613 - 659 - 2525



[www.stlawrencedistrictmedicalcentre.com](http://www.stlawrencedistrictmedicalcentre.com)

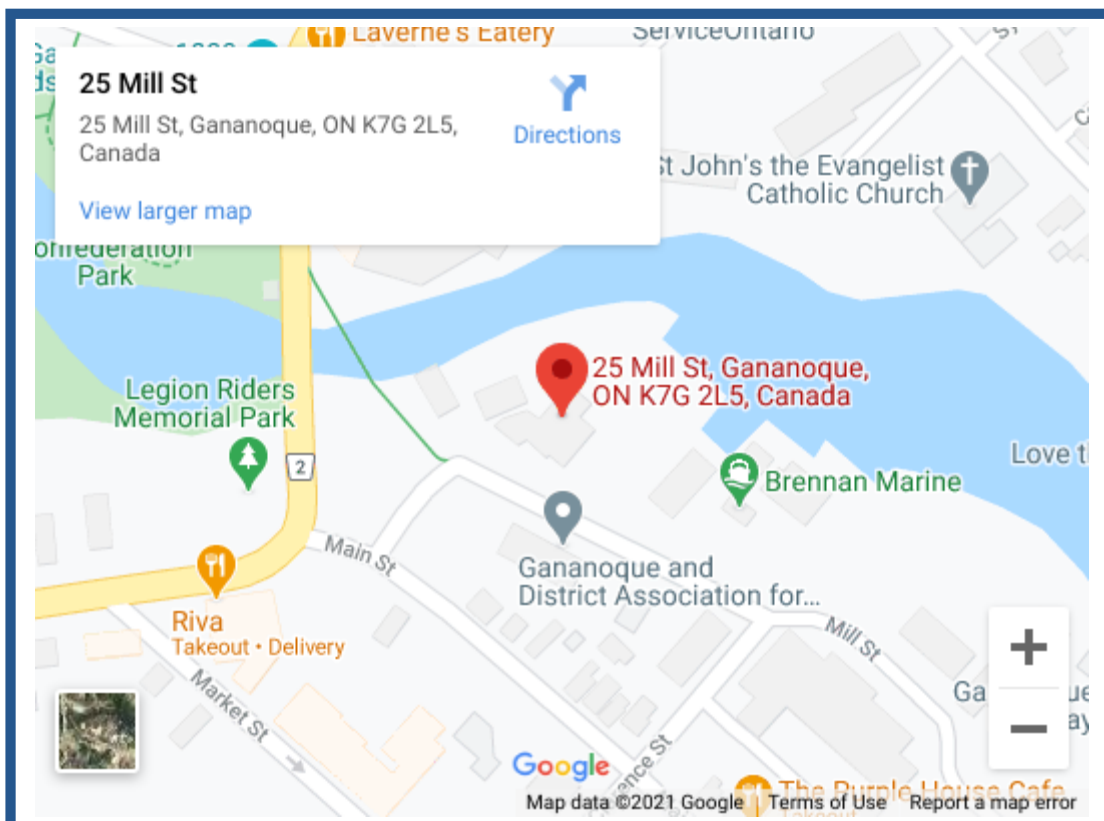
@StLawrenceMedicalCentre





# Community Contact Directory

## Stone Mill's Family Health Centre



25 Mill St., Gananoque ON  
K7G 2L5



613 - 382 - 3974





# *Community Contact Directory*

**Provincial & National Parks**



# Community Contact Directory

## Charleston Lake Provincial Park



148 Woodvale Rd., Lansdowne  
ON K0E 1L0



613 - 659 - 2065



[www.ontarioparks.com](http://www.ontarioparks.com)

@CharlestonLakePP



@CharlestonLkPP



# Community Contact Directory

## Rideau Canal National Historic Site



34 Beckwith St., S., Smith Falls  
ON K7A 2A8



613 - 283 - 5170



[www.pc.gc.ca](http://www.pc.gc.ca)

@parks.canada



@RideauCanalNHS



@RideauCanalNHS



[RideauCanal-info@pc.gc.ca](mailto:RideauCanal-info@pc.gc.ca)





# Community Contact Directory

## **St. Lawrence Parks Commission**



13740 County Rd 2,  
Morrisburg ON, K0C 1X0



613-543-4328



[www.parks.on.ca](http://www.parks.on.ca)



@StLawrenceParks



[getaway@parks.on.ca](mailto:getaway@parks.on.ca)

# Community Contact Directory

## Thousand Islands National Park



1121 Thousand Islands Parkway,  
Gananoque, ON, K0E 1R0



613-923-5261



[www.pc.gc.ca](http://www.pc.gc.ca)

@parks.canada



@TINationalPark



@TINationalPark



[pc.pnmille-iles-thousandislandsnp.pc@canada.ca](mailto:pc.pnmille-iles-thousandislandsnp.pc@canada.ca)







# Community Contact Directory

## **Youth Groups**



# Community Contact Directory

## 4H Club



leeds4h@gmail.com



613 - 453 - 4972



@LeedsCounty4h



@4Hontario



@4h.ontario



[www.4-hontario.ca](http://www.4-hontario.ca)

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## Army Cadets



ronald\_macneil@forces.gc.ca



613-583-8223



# Community Contact Directory

## **Awesome White Doves Church Youth Group**



Imunitedchurch@1000island.net



613-659-3223

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## **Boy Scouts**



areacommissioner@loyalistscouts.ca



613 - 329 - 5815



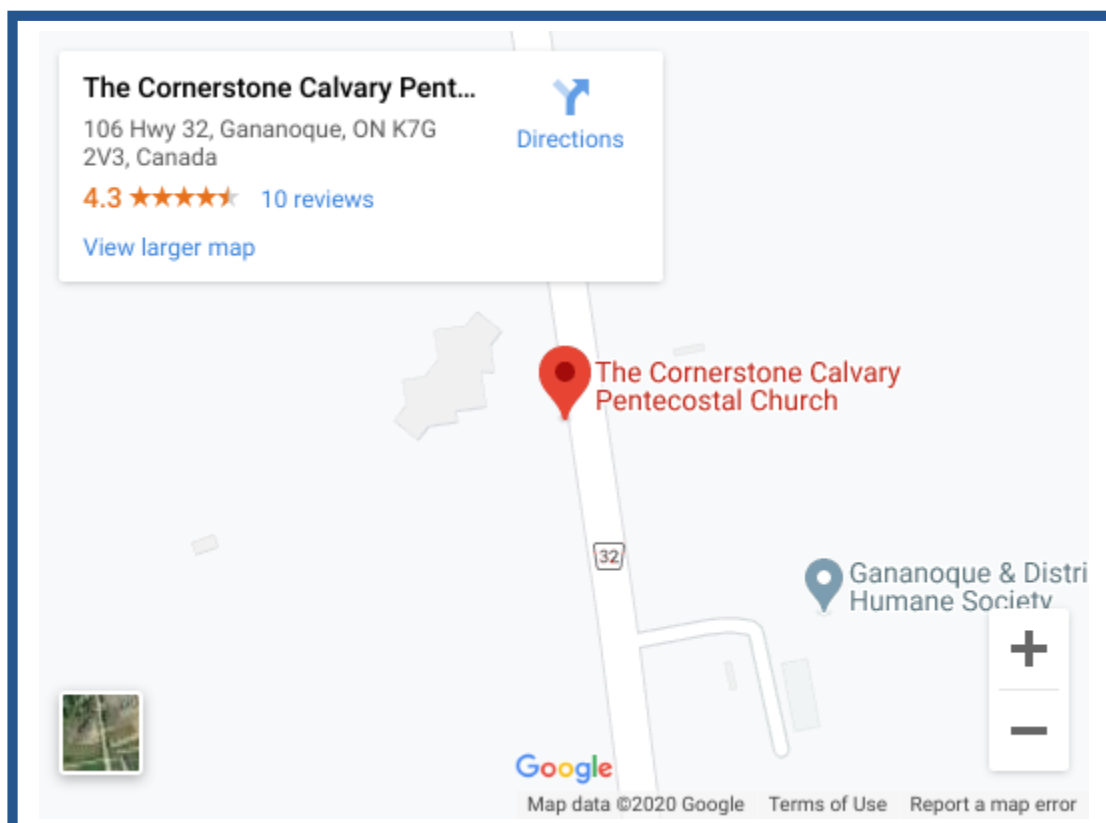
@LoyalistAreaScouting



[www.loyalistscouts.ca](http://www.loyalistscouts.ca)

# Community Contact Directory

## Friends at the Corner Church Youth Group



106 Hwy 32 Gananoque,  
ON K7G 2V3



613 - 382 - 2328



[www.thecornerstonegan.ca](http://www.thecornerstonegan.ca)

@FriendsattheCorner



[thecornerstonegan@gmail.com](mailto:thecornerstonegan@gmail.com)





# Community Contact Directory

## Girl Guides



info@girlguides.ca



613-382-7716



@GirlGuidesofCanada.GuidesduCanada



@girlguidesofcan



@girlguidesofcanada



www.girlguides.ca

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## Township Youth Advisory Committee



recreation@townshipleeds.on.ca



613-659-2415 ext. 228





# Community Contact Directory

**Older Adults**



# Community Contact Directory

## **Seeley's Bay Seniors Club**



613 - 387 - 3750

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## **Lansdowne Seniors Club**



613 - 659 - 3860





# Community Contact Directory

## **Environmental Groups**



# Community Contact Directory

## **Algonquin to Adirondacks Collaborative (A2A)**

The Algonquin to Adirondack Collaborative (A2A) is a U.S., Canadian, and First Nations partner organization that works with scientists, policy-makers, conservationists, communities, governments, and other local groups to protect and enhance the unique ecological features and functions of the A2A corridor.



19 Reynolds Rd, Lansdowne  
Ont., K0E 1L0



613 - 220 - 7482



[www.a2acollaborative.org](http://www.a2acollaborative.org)

@a2acollab



@A2ACollab



@a2acollab



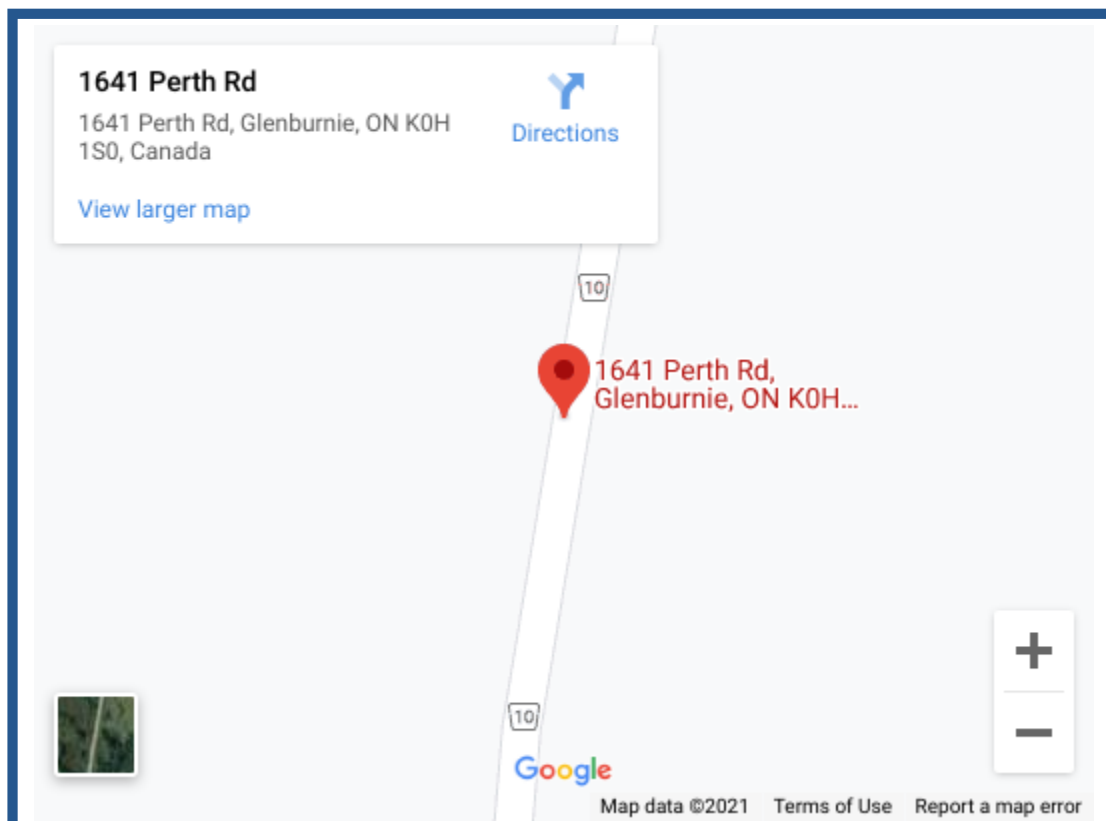
[info@a2acollaborative.org](mailto:info@a2acollaborative.org)



# Community Contact Directory

## **Cataraqui Region Conservation Authority**

The purpose of a Conservation Authority is to further the conservation of restoration, development, and management of natural resources in their areas. The Cataraqui Region Conservation Authority has jurisdiction over 3,500 sq. km of land, from Greater Napanee in the west to Brockville in the east.



1641 Perth Rd, Glenburnie,  
Ont., K0H 1S0



613 - 546 - 4228



[www.crca.ca](http://www.crca.ca)

@CataraquiConservation



@CataraquiCA



[info@crca.ca](mailto:info@crca.ca)

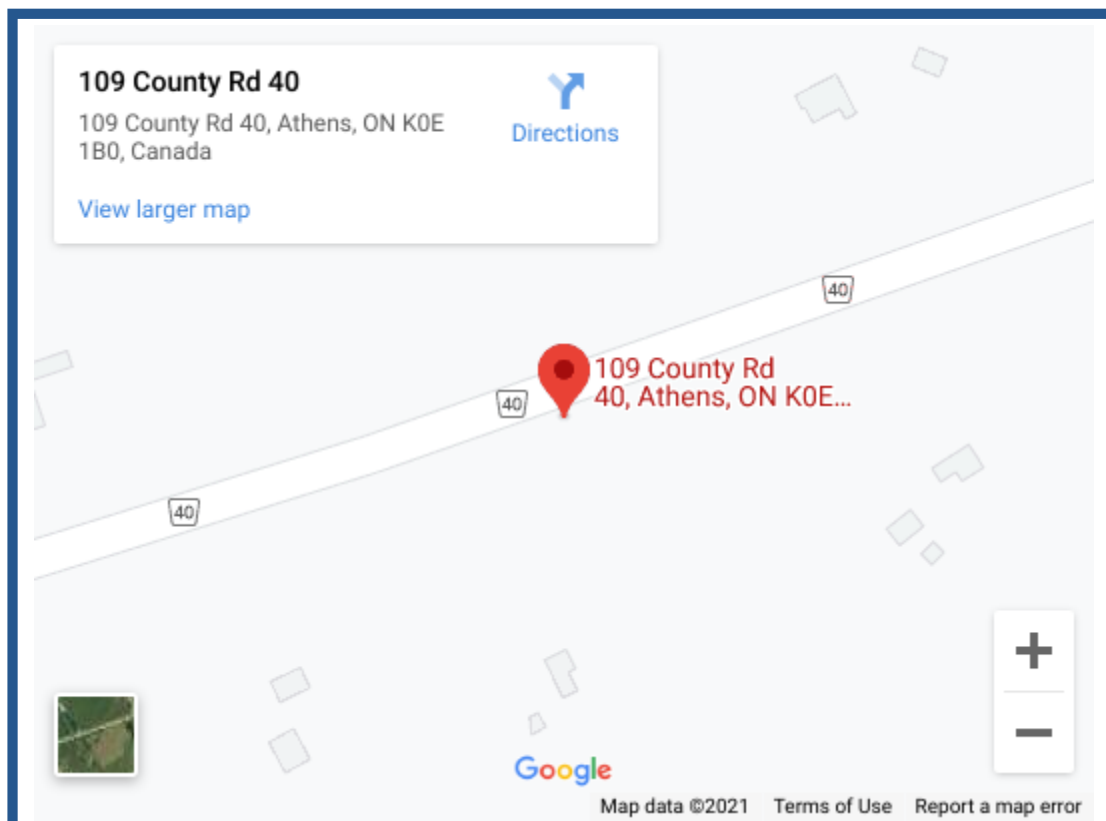




# Community Contact Directory

## **Charleston Lake Association**

The Charleston Lake Association is dedicated to keeping Charleston Lake beautiful in every way by perserving and maintaining the beautiful lakes.



109 County Rd 40, Athens  
Ont., K0E 1B0



1 - 613 - 924 - 0149



[www.charlestonlakeassociation.ca](http://www.charlestonlakeassociation.ca)

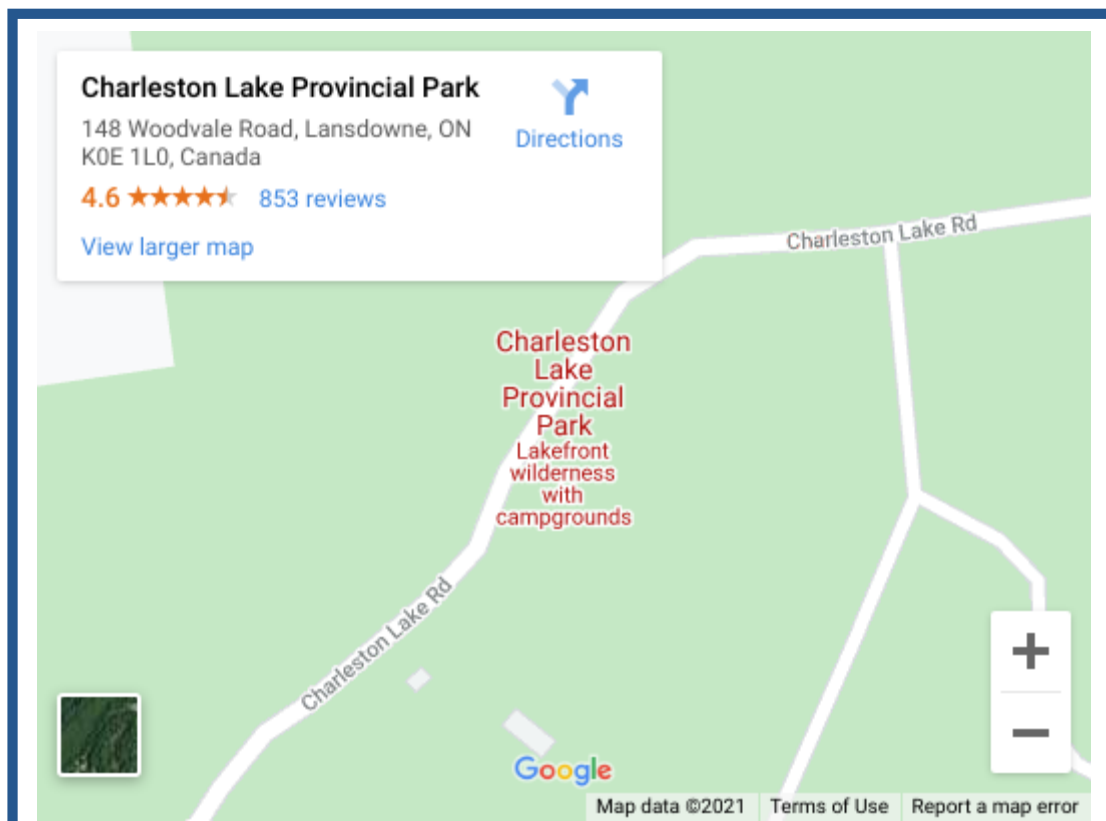
[@charleston.lakeassociation](mailto:info@charlestonlakeassociation.ca)

[info@charlestonlakeassociation.ca](mailto:info@charlestonlakeassociation.ca)



# Community Contact Directory

## Friends of Charleston Lake Park



148 Woodvale Rd, R.R. 4  
Lansdowne, Ont., K0E 1L0



613 - 547 - 4112



[www.friendsofcharlestonlakepark.com](http://www.friendsofcharlestonlakepark.com)

@friendscharlestonlakepark



@CharlestonLkPP



[stevepage@kos.net](mailto:stevepage@kos.net)

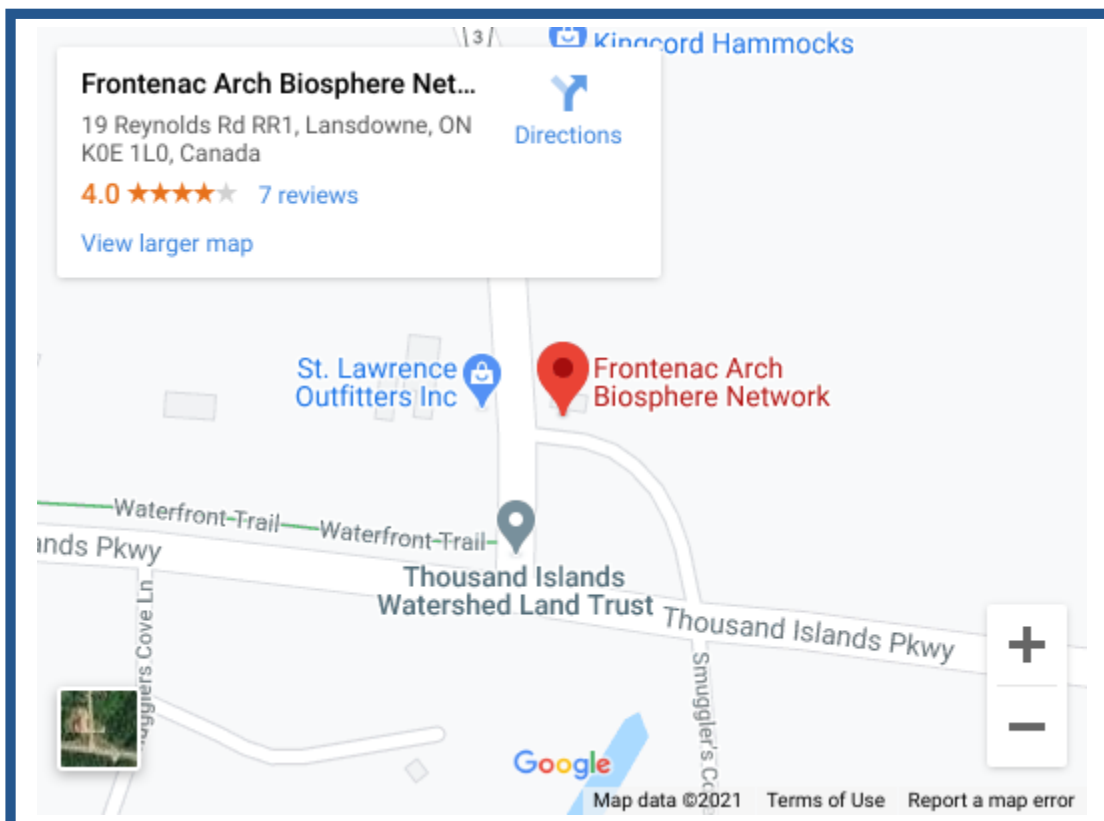




# Community Contact Directory

## **Frontenac Arch Biosphere**

This is a not-for-profit organization that implements the UNESCO Man and the Biosphere Programme for the Frontenac Arch region. The vision is to contribute to strengthening sustainable community development, celebrating the interconnectedness of nature, livelihood, well-being and culture for this and future generations.



19 Reynolds Rd, Lansdowne  
Ont., K0E 1L0



613 - 659 - 4824



[www.fabn.ca](http://www.fabn.ca)

@FrontenacArchBiosphere



@FABiosphere



@FABiosphere



[info@fabn.ca](mailto:info@fabn.ca)



# Community Contact Directory

## **Leeds Grenville Stewardship Council**

The Council is a unique program in which a volunteer, community-based group works on environmental enhancement projects. It is a credible forum and resource for the many community-based stewardship, environmental groups in our community and works extensively with the partners listed adjacently to deliver projects.



lgstewardship@gmail.com



613 - 928 - 2221



@LeedsGrenvilleStewardshipCouncil



[www.lgstewardship.ca](http://www.lgstewardship.ca)



# Community Contact Directory

## **Lower Beverley Lake Association**

This association fosters preservation of the pristine character of the lake environment, serves as a focal point for lake stewardship and improvement projects, provides information concerning matters related to the lake community and provides a forum for lake users to meet and to get to know each other.



lowerbeverleylakeassociation@gmail.com



613 - 928 - 2329



@LowerBeverleyAssociation



www.lbla.net

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## **Thousand Islands Association**

The Thousand Islands Association (TIA) is a not-for-profit organization whose main focus is the placement and maintenance of shoal markers in the 1000 Islands region of the St. Lawrence River



thousandislandsassociation@gmail.com



@ThousandIslandsAssociation



@TIAssociation



@thousandislandsassociation

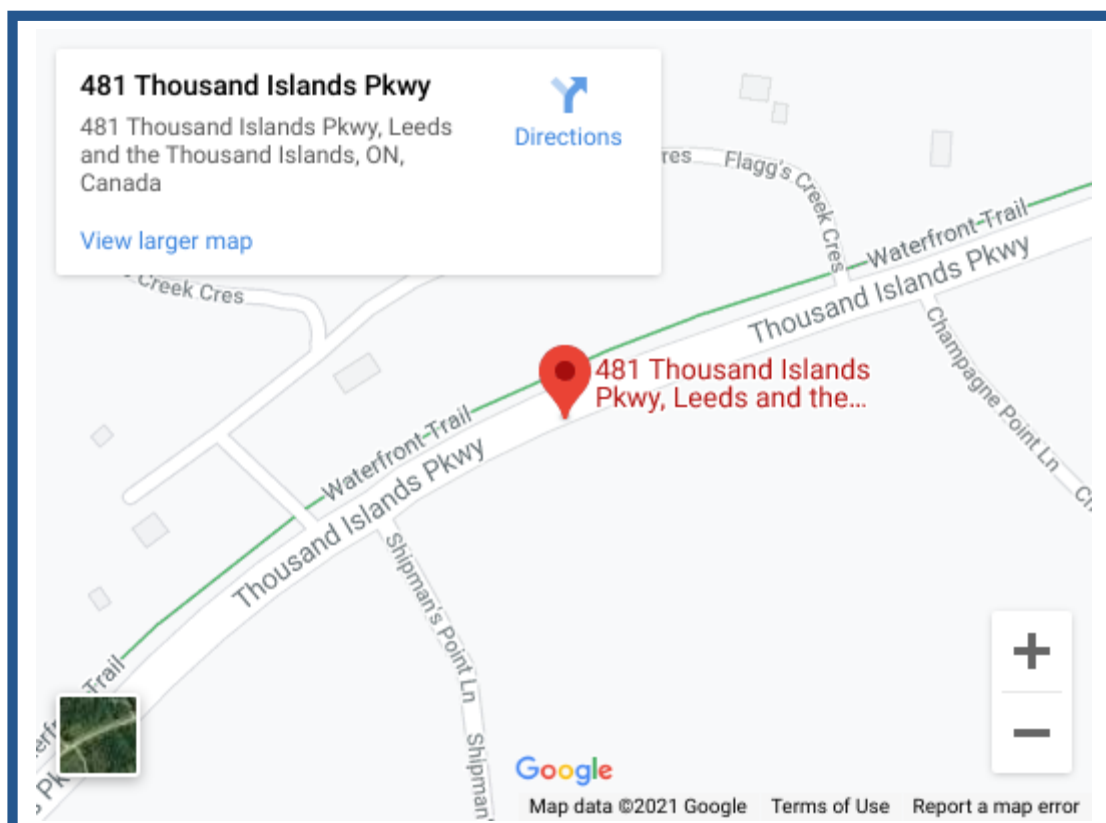


www.thousandislandsassociation.com

# Community Contact Directory

## Thousand Islands Area Residents Association

Grassroots volunteer organization concerned with the 1000 Islands area, particularly regarding the environment.



481 Thousand Islands Parkway,  
Lansdowne, Ont., K0E 1L0



613 - 659 - 2277



[www.tiaraweb.org](http://www.tiaraweb.org)

@tiaracanada



[tiara@tiaraweb.org](mailto:tiara@tiaraweb.org)





# Community Contact Directory

## Thousand Islands Watershed Land Trust



19 Reynolds Rd, R.R. 1  
Lansdowne, Ont., K0E 1L0



613 - 659 - 4590



[www.tiwl.ca](http://www.tiwl.ca)

[@thousandislandswatershedlandtrust](https://www.instagram.com/thousandislandswatershedlandtrust)

[@tiwl](https://www.facebook.com/tiwl)

[info@tiwl.ca](mailto:info@tiwl.ca)







# Community Contact Directory

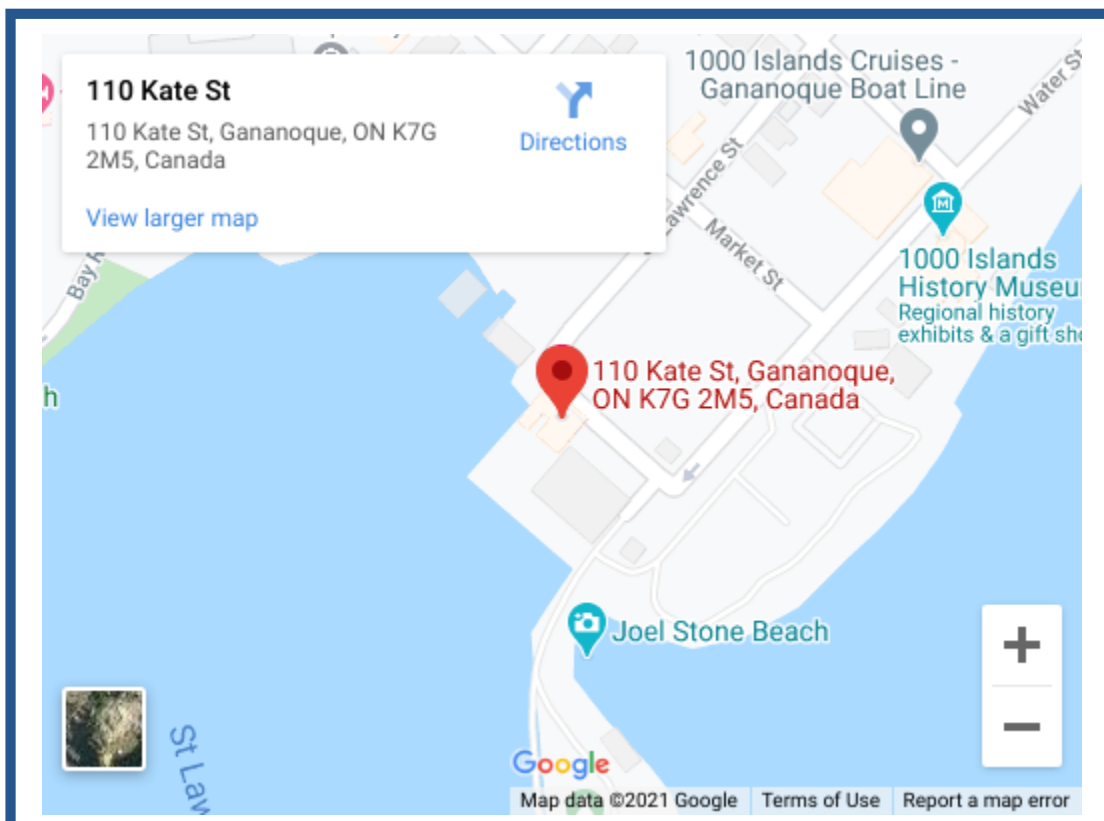
## **Sports Associations**



# Community Contact Directory

## 1000 Islands Kayaking

1000 Islands Kayaking is excited to provide you with nationally certified guides for our kayaking programs, from day tours to camping to skills courses.



110 Kate St. Gananoque  
Ont., K7G 2M5



613 - 329 - 6265



[www.1000islandskayaking.com](http://www.1000islandskayaking.com)

@1000-Islands-Kayaking



@1000islandskayaking



[kayaking@1000ikc.com](mailto:kayaking@1000ikc.com)



# Community Contact Directory

## **Athens Minor Baseball**



casey.foley16@gmail.com



613 - 485 - 5025



[www.augustasoftball.com](http://www.augustasoftball.com)

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## **Athens District Minor Hockey**

Leeds Chargers offers minor hockey for boys and girls between the ages of 4-19.



imhapresident@outlook.com



@Leeds-Chargers



[www.leedschargers.com](http://www.leedschargers.com)

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## **Athens Minor Soccer**

Minor soccer for kids aged 3-18



athensminorsoccer@gmail.com



@athensminorsoccer



613 - 924 - 2130



# Community Contact Directory

## **Front of Yonge Minor Ball**



foysoftball1@outlook.com



@frontofyongeminorsoftball



613 - 803 - 4522

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## **Gananoque/TLTI Little League**

Part of District 7 Ontario of Little League Canada



gan.tltibaseball@gmail.com



@GanTLTIBaseball



ganlittleleague.wixsite.com/ganbaseballclub

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## **Front of Yonge Minor Soccer**



katecapitals@gmail.com



613 - 803 - 3434



@FOYMINORSOCCER

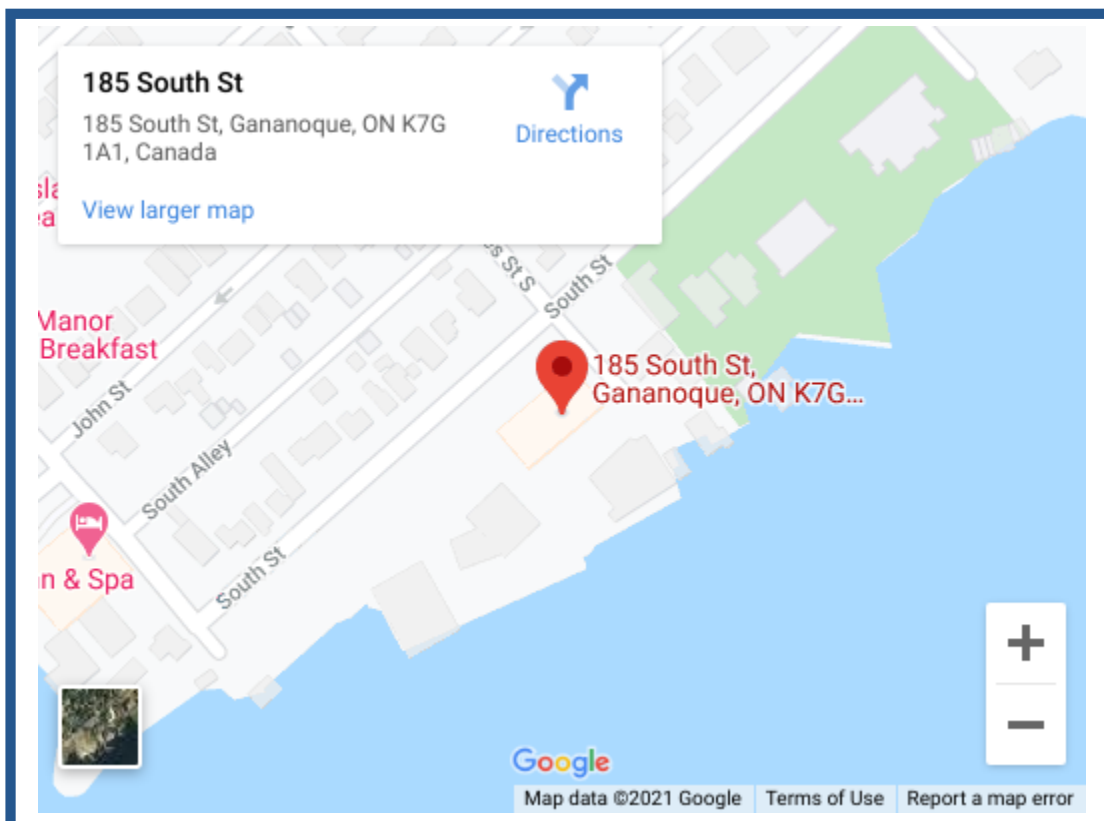


www.frontofyongeminorsoccer.com

# Community Contact Directory

## FlashPointe Dance Studio

A non-competitive dance studio located in Gananoque that offers a variety of dance classes for all ages.



185 South St., Gananoque,  
Ont., K7G 1A1



613 - 483 - 8382

@gananoquedancestudio

@flashpointe.dancestudio

flashpointe.dancestudio@gmail.com





# Community Contact Directory

## Gan BMX



[info@ganbmx.ca](mailto:info@ganbmx.ca)



613 - 329 - 4584



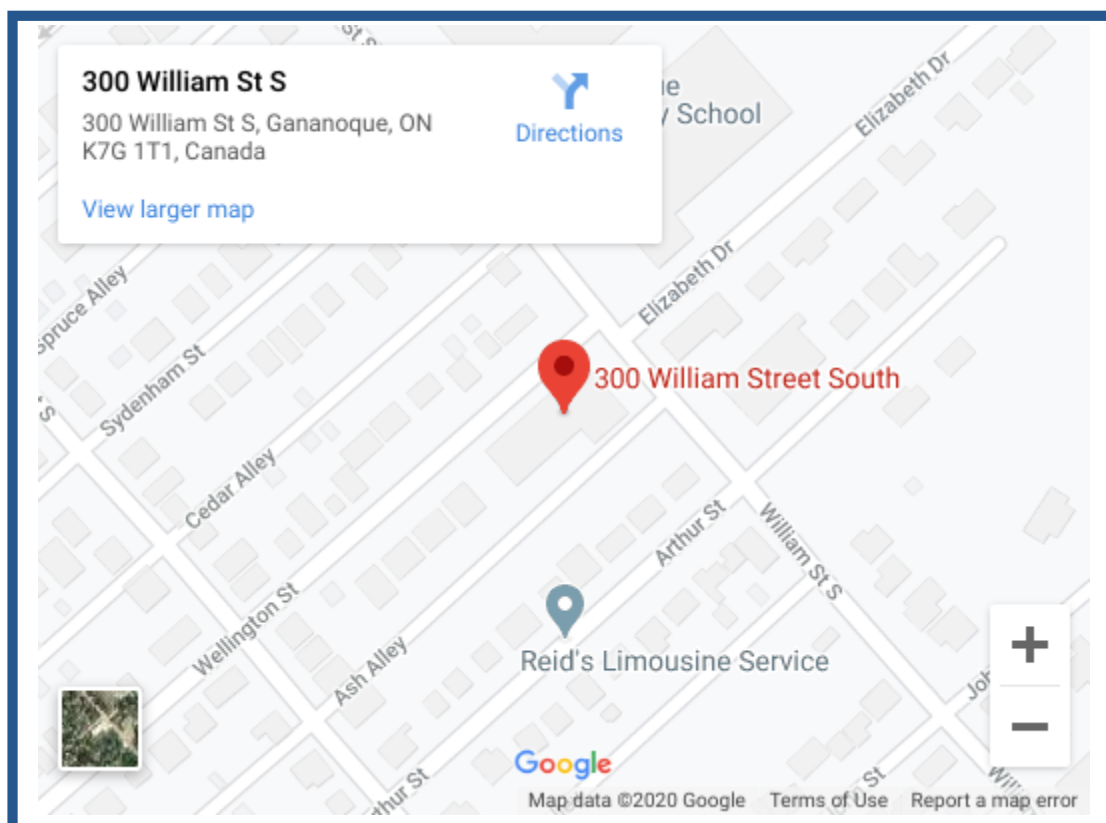
[@ganbmx](https://www.facebook.com/ganbmx)



[@ganbmx](https://twitter.com/ganbmx)

# Community Contact Directory

## Gananoque Curling Club



300 William St., S, Gananoque  
Ont., K7G 1T1



613 - 382 - 3281



[www.gananoquecurlingclub.com](http://www.gananoquecurlingclub.com)

@GananoqueCurlingClub



[info@gananoquecurlingclub.com](mailto:info@gananoquecurlingclub.com)





# Community Contact Directory

## Gananoque Boys Hockey/Ball Hockey

A local non-profit minor hockey association affiliated with the OMHA.



600 King St. Gananoque  
Ont., K7G 1H3



[www.ganminorhockey.com](http://www.ganminorhockey.com)

@HometownHockey



@HometownHockey



@ontariominorhockey



[admin@ganminorhockey.com](mailto:admin@ganminorhockey.com)



# Community Contact Directory

## Gananoque Girls Hockey/Ball Hockey

The GGHA Royals are a girls hockey club that provides a recreational athletic program for all youth in a fun environment. We encourage the development of good character through the leadership provided by coaches, managers and other volunteers.



600 King St. Gananoque  
Ont., K7G 1H3



613 - 659 - 3347



[www.ganroyals.ca](http://www.ganroyals.ca)

@gananoqueroyals



[ggha.royals@hotmail.com](mailto:ggha.royals@hotmail.com)





# Community Contact Directory

## Gananoque Skating Club

Our focus is on fun, learning and developing skills and a love for ice skating from tots to adults. We offer a full scope of skating programs from Can Skate for the new beginners, ages 3 years and up, Star Skate, and Synchronized Skating team for skaters in star skate who would like to skate in a team spirited atmosphere.



600 King St. Gananoque  
Ont., K7G 1H3

@GananoqueSkatingClub

gananoqueskate@gmail.com



# Community Contact Directory

## **GISS Trojan Basketball**



613 - 382 - 8782

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## **North Leeds Soccer**

North Leeds Soccer Association is based out of Rideau Lakes Township and is lucky enough to draw players from our surrounding communities.



halladaysn@gmail.com



613 - 387 - 3388



@Northleedssoccer



www.northleedssoccer.com

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## **Gananoque Boys & Girls Soccer League**

This is a non-profit Organization that helps teach Boys and Girls the basics of Soccer, Physical Fitness, Teamwork, and Sportsmanship



socceringan@gmail.com



613 - 483 - 9336



@gansoccer



# Community Contact Directory

## **Portland Football Club**

PFC is the competitive arm of North Leeds Soccer Association



halladaysn@gmail.com



613 - 928 - 2251



@Northleedssoccer



[www.northleedssoccer.com](http://www.northleedssoccer.com)

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## **Thousand Islands Minor Football**

Providing recreational development football programs for the city and residents of Kingston, ON and surrounding communities.



timflquestions16@gmail.com



@TIMFL17



[www.timfl.com](http://www.timfl.com)

# Community Contact Directory

## Thousand Islands Youth Boxing Club

We build character, not just boxers.



400 Stone St., N, Gananoque,  
Ont., K7G 1Y8



613 - 530 - 5461

@tiybc



tiyboxingclub@gmail.com







# *Community Contact Directory*

**Other Recreation & Leisure Opportunities**



# Community Contact Directory

## **1000 Islands ATV Club**

A non-profit club that has fun, safe and legal riding trails for the community.



613-572-4369

613-659-3717



[www.tiatvc.org](http://www.tiatvc.org)



[@ThousandIslandsAtvClub](https://www.facebook.com/ThousandIslandsAtvClub)



[info@tiatvc.org](mailto:info@tiatvc.org)



# Community Contact Directory

## Gananoque Canoe Club

The Gananoque Canoe Club was established in 1906. The Club is proud to continue the tradition today with exceptional programming for youth



31 Adelaide St., Gananoque,  
Ont., K7G 2V1



613 - 382 - 1251



[www.gananoquecanoeclub.ca](http://www.gananoquecanoeclub.ca)

@CanoeKayakGan

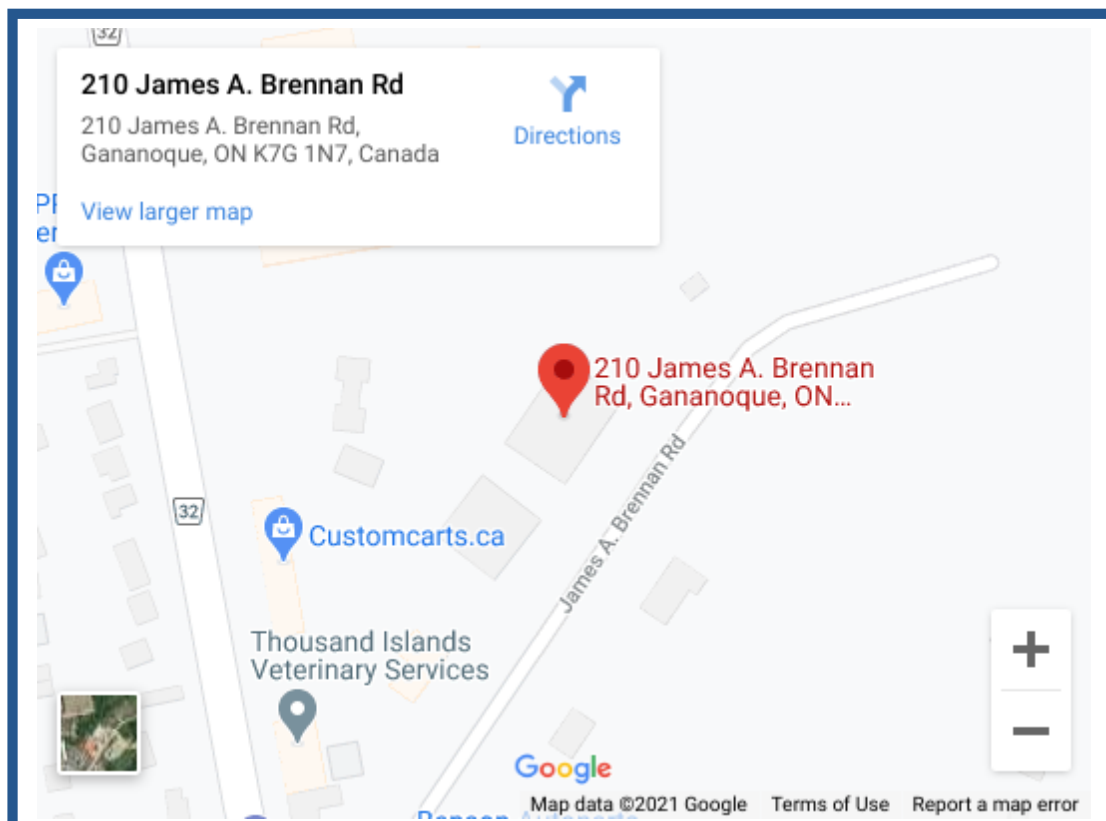


[gananoquecanoeclub@live.com](mailto:gananoquecanoeclub@live.com)



# Community Contact Directory

## Gan Fitness



210 James A Brennan Rd,  
Gananoque, Ont., K7G 1N7



613 - 929 - 9927



[www.ganfitness.com](http://www.ganfitness.com)

@ganfitnessgym



[ganfitness@outlook.com](mailto:ganfitness@outlook.com)

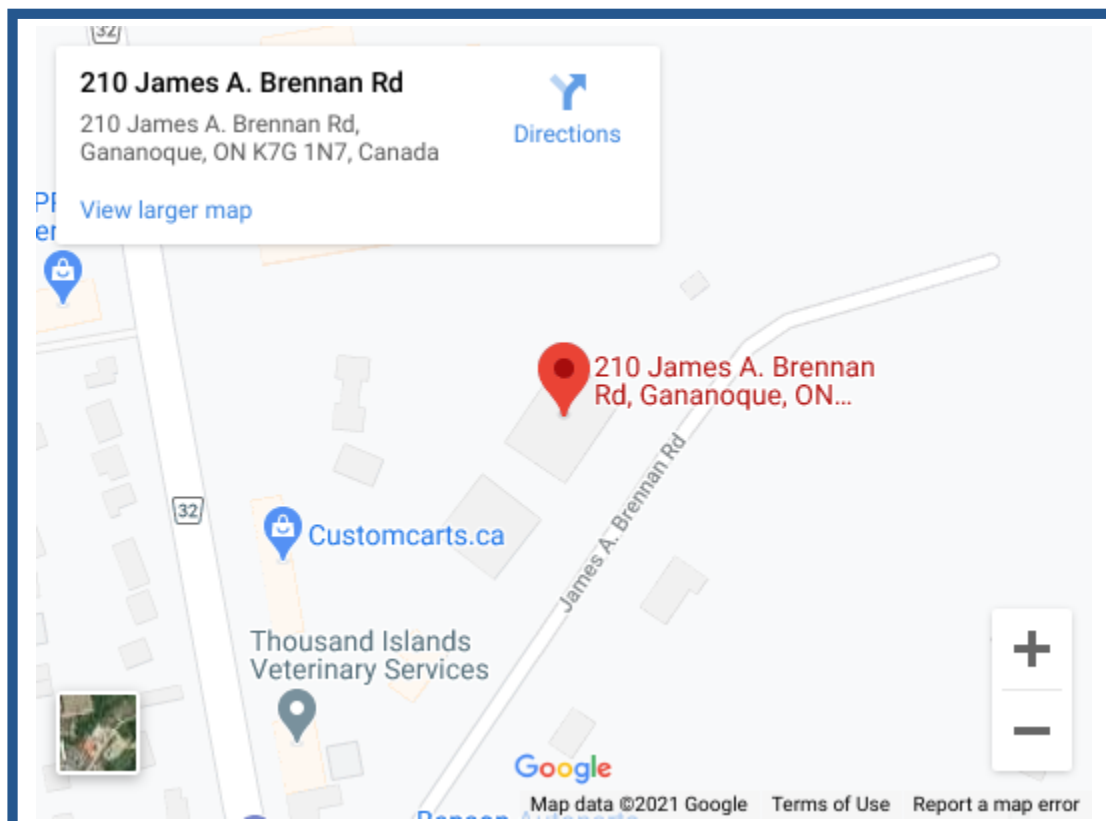




# Community Contact Directory

## Thousand Islands Fitness

Serving Gananoque, Kingston & the Thousand Islands we offer Fascial Stretch Therapy & Personal Training for all ages and athletic levels!



692 Arthur St, Gananoque,  
Ont., K7G 3C4



613 - 296 - 9390



[www.thousand-islands-fitness-business.site](http://www.thousand-islands-fitness-business.site)

@thousandislandsfitness



[coreyceccarelli@gmail.com](mailto:coreyceccarelli@gmail.com)



# Community Contact Directory

## **Stonebridge Quilters**



marilyncrawford@rogers.com



613 - 928 - 2563

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## **Women Matters**



womenmattersrugart@gmail.com



613 - 659 - 4198



# Community Contact Directory

## Gananoque & TLTI Recreation Centre



600 King St., E, Gananoque,  
Ont., K7G 1H3



613-382-2149 ext. 1514 May-Oct 1414 Oct-May



[www.gananoque.ca/community-services/parks-and-recreation](http://www.gananoque.ca/community-services/parks-and-recreation)





# Community Contact Directory

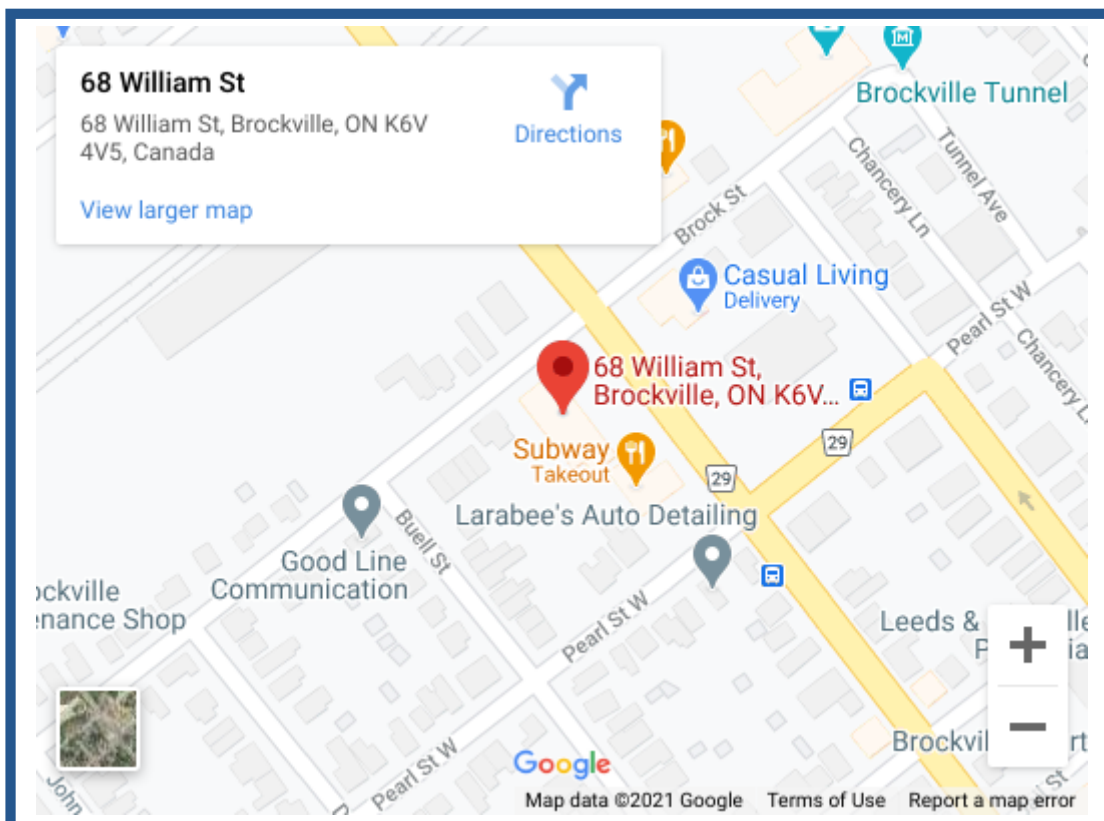
**Government**



# Community Contact Directory

## Federal Member of Parliament

Michael Barrett is the Member of Parliament for the Leeds-Grenville-Thousand Islands and Rideau Lakes area. Michael can provide information to federal government and is happy to assist you.



68 William St. Suit 205,  
Brockville, ON, K6V 4V5



1 - 866 - 498 - 3096



MichaelBarrettMP.ca

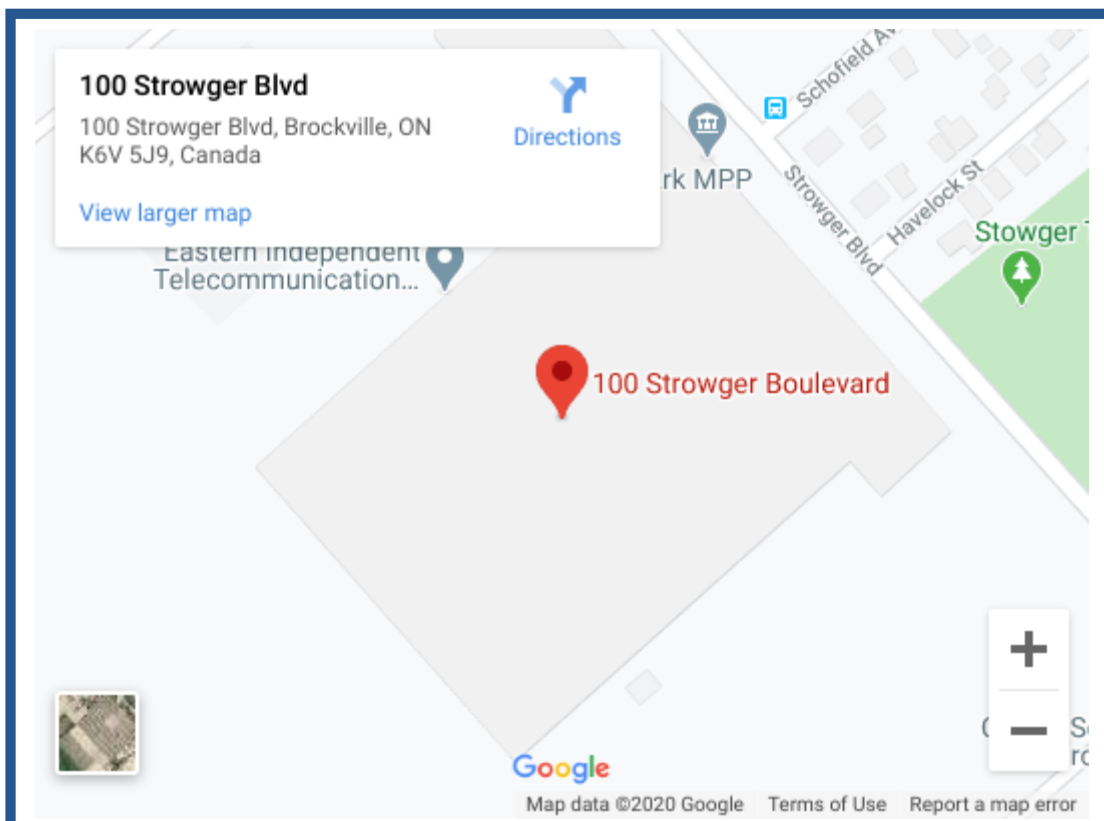
michael.barrett@parl.gc.ca



# Community Contact Directory

## **Member of Provincial Parliament**

Steve Clark is the MPP for Leeds Grenville Thousand Islands and Rideau Lakes and his office is available to assist constituents with matters related to the provincial government and its agencies.



100 Strowger Blvd., Suite 101,  
Brockville, K6V 519



613 - 342 - 9522



[www.steveclarkmpp.com](http://www.steveclarkmpp.com)

[info@steveclarkmpp.com](mailto:info@steveclarkmpp.com)

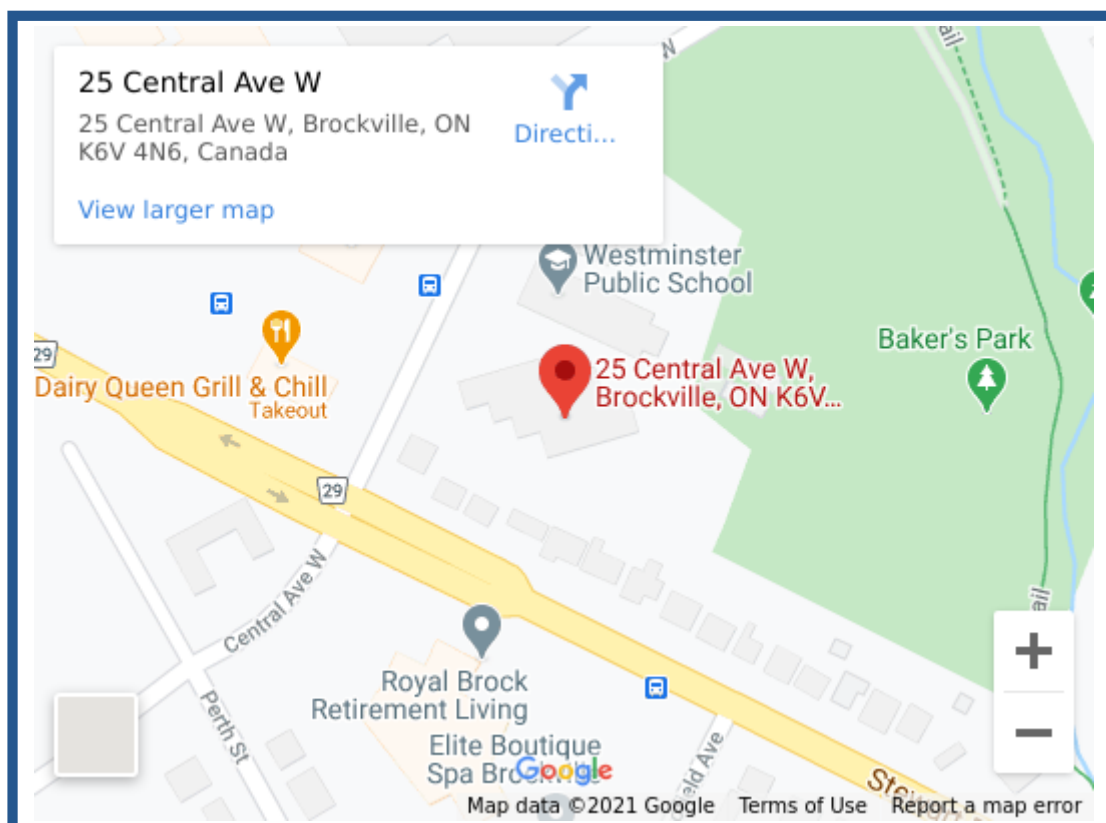




# Community Contact Directory

## United Counties of Leeds and Grenville

The United Counties of Leeds and Grenville is an upper-tier municipality located in eastern Ontario and is comprised of 10 local municipalities. The Counties is governed by a Council comprised of the 10 Mayors, one from each of the local municipalities. The Counties administers and operates a variety of services to meet the municipal needs of those who live, work and play here.



25 Central Avenue, Suite 100,  
Brockville, ON, K6V 4N6

613 - 342 - 3840

[www.leedsgrenville.com](http://www.leedsgrenville.com)

# Community Contact Directory

## Municipal Property Assessment Corporation

MPAC delivers property values, insights and services to taxpayers, municipalities, governments and businesses.



108 Waltham Rd, Unit A,  
Brockville ON, K6V 5V5



1 - 866 - 296 - 6722



[www.mpac.on.ca](http://www.mpac.on.ca)

@MPAC\_Ontario





